The Lookout Mountain Mountain

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Speeding Fines to Triple In School Zone

by Ferris Robinson

After pledging allegiance to the American flag, Mayor **David Bennett** opened the monthly meeting for the City of Lookout Mountain, Ga. The council approved the rate increase for sewer services, which is the first rate increase in eight years. Effective September 1, the rate increase will address several key factors, including the fact that wastewater treatment costs are over \$150,000 per year, and past increases in those costs have averaged 6% year after year. Other price increases include: the cost of sewer grinder pumps and repairs; electric utilities; replacement parts for existing infrastructure; infrastructure improvements; and odor and corrosion control costs.

While the increase will depend on the actual water usage, the average monthly bill increase for a single-family household (two to four members) will range from \$15 to \$25 per month.

The council pointed out the hard work **Ashley Keck**, utility billing coordinator, did on this project, which included evaluating hundreds of figures in her research.

Taylor Watson, commissioner of fire and police, told the council the department was diligent about controlling the speed limit, especially in the school zone, where she said fines would be triple. She also said the department was 100% staffed, and that both fire engines No. 1 and No. 2 were outfitted with new equipment and operational, thanks to SPLOST funds. The Beat the Heat event in August on the grounds of the Fairyland Mountain Hall was a great success, with roughly 200 folks enjoying the inflatable slide, obstacle course, popsicles and splashing galore!

Kevin Leckenby, commissioner of public works, said the gas line project on Wood Nymph Trail is complete except for one repair. Erosion control

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Spa Is Under New Ownership Page 6

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Massey's Kitchen Celebrates Anniversary

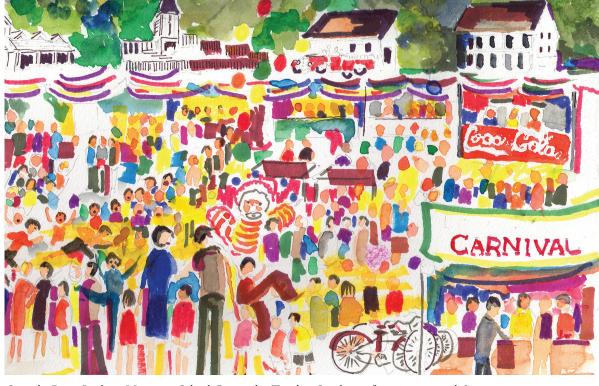
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Game, Set, Match for Chambliss Center

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Logan Drew Goes Beyond PT

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Save the Date: Lookout Mountain School Carnival is Tuesday, October 1, from 3 p.m. until 6 p.m. Original artwork by William Parker

Police to Crack Down on Speeding

by Gail Perry

The monthly meeting of the town of Lookout Mountain, Tenn., began with updates about the Commons, where improvements continue to be made. New turf was planted on the field, and people were asked to stay off it until the grass was established. Now that soccer is getting ready to start, the new turf is in great shape, said Commissioner of Parks and Playgrounds Joe Hailey. The gates will be put back up around the field soon, and the Mountain Munchery snack bar has been moved into the old press box.

Repairs at two locations in the town need help from Tennessee American Water. An area on the track at the Commons stays soggy despite multiple attempts by the town to locate and stop the leak. The commissioner said that all of the town's water meters are accounted for and show no unreasonable water consumption. Tennessee American Water has been notified several times and is finally sending a leak specialist to identify the problem. There is also a fire hydrant on West Brow Road at Prospect Way that was destroyed by a vehicle several months ago; it has been out of service since the wreck. To make sure there is fire protection for houses near that hydrant, Fire and Police Chief **Dale Taylor** will make another request to Tennessee American Water for it to be replaced.

The new school year is underway, and on opening day, Lookout Mountain School welcomed 216 students. During the second week, kindergartners were phased in. A new playground for the upper grades was the project supported by last year's Night Out for Lookout fundraiser. Commissioner of Education **Karen Leavengood** said students in third through fifth grades are loving it and think it is amazing! The fall Carnival is planned for October 1. This year, Officer **Brittani King** will be the school resource officer (SRO) at LMS. She

will work closely with the Lookout Mountain Police Department to ensure safety of the students, faculty and

With school now open, Commissioner of Fire and Police **Jim Bentley** warned that the police are upping radar detection and cracking down on speeding cars. The town will also be very aggressive with enforcement of the Park Mobile monitored parking around Point Park and will not hesitate to issue citations, he said.

During the past few months, all available asphalt in the area was reserved for a large project being done by the city of Chattanooga, and smaller municipalities had to postpone paving and patching projects. In the next few weeks, Commissioner of Public Works William Valadez expects asphalt to become available again, allowing for potholes to be repaired. Brush removal continues, and the public works department will be trimming tree branches that interfere with the roadways. That is necessary for safety reasons such as clearing the line of sight on the roads and allowing space for fire trucks to pass under. Residents who want control over how their trees are shaped can have the work done themselves, said Mayor Walker Jones.

The financial report from Town Consultant **Brooke Pippenger** shows that during the first month of the fiscal year 2024-2025, the city is under budget. During July, Lookout Mountain Tenn., received \$6,366 from the state's gasoline taxes, which will go to the town's State Street Aid fund.

Mayor Walker Jones welcomed back the existing board of commissioners and school board members, who have all been reelected for another two-year term.

The next meeting of the Lookout Mountain, Tenn., commission will be Tuesday, September 10, at 5 p.m.



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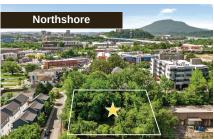


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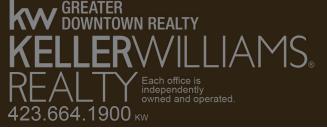
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The Lookout Mountain September 2024

Incline Announces New Annual Pass

Jordon Vanderhart alerted the Lookout Mountain Mirror a few months ago about this big news! So many folks want to board the Incline from the top of the mountain, enjoy the most amazing mile to the foot, grab an ice cream cone or dinner, then zip back up the mountain. And who wouldn't want to do this on a regular basis! What fun!

Recently, the Lookout Mountain Incline Railway presented its "Pass for All Seasons" annual pass. The annual pass provides unlimited rides on the Incline Railway for year from the date of purchase. Adult passes are \$75 and child passes (12 under) and are \$40. The passes may be obtained at the Incline's top station.

"We have received numerous requests

from avid rail fans who want to experience the Incline Railway throughout the year.



enthusiasm Their inspired 118 to introduce this annual pass," said Charles D. Frazier, CARTA's chief executive "We officer. delighted to are accommodate our loyal riders and provide them with

more opportunities to enjoy America's Most Amazing Mile."

The annual pass benefits include discounts at the Incline Railway's souvenir shop, café, and Clumpies Ice Cream in St. Elmo, as well as admission discounts to Battles for Chattanooga. To purchase the Incline's annual pass and for more information, visit ridetheincline.com or the Incline's top station located at 827 East Brow Road.

For more information about CARTA's services and initiatives, visit gocarta.org.

Speeding Fines cont.

Continued from page 1.

measures will remain in place until the vegetation returns. Stickers will be placed on garbage cans detailing what is allowed in them.

The council approved funds for up to \$30,000 to purchase a vehicle for Kenny Lee, city manager. Mayor Bennett pointed out that Mr. Lee has been using his own car to conduct city business, including delivery and hauling of supplies for projects.

Covenant College will partner with the city and Fairyland Elementary School, supplying two interns at the city hall to provide support for website refresh and search engine projects, as well as two tutors for math and reading

Mr. Lee said the city will continue

to communicate who has access to and what can be dropped off at Dumpster Day. It is available for residents of the city, but folks come from beyond city limits and are upset when they are not allowed to use the dumpster. Also, only certain items are allowed to be thrown in the dumpster; for example, mattresses are not allowed. The next Dumpster Day is September 7.

School is in session, and Ms. Watson reminds all be very careful and mindful of children walking home from school, especially on Rock City Trail, Cinderella Road, and Lula Lake Road.

The next city meeting will be Thursday, September 12.



Letters to the Editor

Send letters to: mirroreditorial@me.com | All letters must be signed.

Dear Folks,

As a gun owner and hunter, I support responsible gun ownership. But, as a parent and grandparent, I worry about the lack of secure gun storage, safety and education in our community and state.

This is an American problem. According to the Centers for Disease Control (CDC), firearms are the leading cause of death in the U.S. for children ages 1-19. Kids are involved in many accidental firearm deaths, and gun access triples the risk of suicide. Kids know where the family firearms are kept. In Tennessee last year, 55% of gun deaths were suicides.

Please, secure your firearm when not in use, unloaded in a lock box, or with a trigger lock, and never leave unattended

in your vehicle. Model responsible firearm use and teach your kids to treat any gun as if it is loaded. Please recognize the role guns play in suicide. I lost my brother and a teenage nephew to suicide by loose, loaded guns taken without permission.

Free trigger locks are available throughout Tennessee through local law enforcement agencies. The Lookout Mountain, Ga., Chief of Police Dewayne Steele, recently announced two gun locks per household are available for pickup at the Fairyland Mountain Hall. Call (706) 820-1051 for details.

If you, or a family member, feels suicidal, or is in crisis, dial or text to 988, or chat via 988lifeline.org for help and support.

by April Cook, BSN, RN

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Wednesdays with MJ

by Ferris Robinson

Every single Wednesday, since my first grandchild, Mary Jane, was born, my husband and I have spent that day with



her. When she was first born, I went to her house in Rivermont. A few weeks later, her parents began bringing her up here to our home on Lookout Mountain.

An infant, she took two naps a day, and nodded off a bit in between them. Before we knew it, she rubbed her little tummy when she was hungry and threw up her hands in the air when she was full. We practiced tummy time each morning on the little quilt her great aunt had made. I ordered developmental toys on Amazon as I followed her development on the internet. I knew when it was time

for stark black and white drawings on heavy card stock and stacking brightly colored cups and "Where's Spot?"

I read "Pat the Bunny" to her long before I thought I should, and she sat in my lap like a little doll and looked at the pictures of Paul and Judy as they did all sorts of things. She loved to rub her baby hand over the soft white fur and put her chubby little finger through "Mommy's ring.'

Over the next 50 or so months, we did all sorts of things, just like the protagonists in "Pat the Bunny. A tiny animal lover, she was fascinated with cats, so we went to Naughty Cat Café, where you have to be 12 to enter. Our plans thwarted, we just walked back and forth in front of the big picture window where several good-sized cats were lolling about in the sunny window. A few weeks later, a massive gray and white cat strolled down our driveway while we were playing on



Mary Jane snags a ride on her great grandmother's rollator.

the ride toy.

"What you doing, Cat?" she said. I know this wasn't her very first sentence, but it was one of them for sure. We all still say, "What you doing, Cat?" anytime anyone is doing something the least bit out of the ordinary.

Mary Jane was with us for her first snow. Not even a year old, she tipped her little face up to the sky after watching me animatedly delight in snowflakes on my tongue. I will never forget her studying me, and cautiously looking up at the gray

On our Wednesdays, she loved visiting my mother, Mary Jane Kelly, at Thrive, where she rode in style through the halls on my mother's rollator walker. At lunch, she ordered the full meal, eating the minimum before she could get to the exceptional dessert.

My husband and I regularly loaded up our granddaughter's stroller with snacks and headed up the hill for a walk, counting pumpkins in the fall, Christmas inflatables during the holidays, (thank you, Gwin Tugman) and traditional harbingers in the spring, the favorite being the red bud tree. We always borrowed a book from the Little Library up the street

The pool at the South Chattanooga Rec Center was on our schedule, as was the library nearby. We usually liked to cook something in the afternoons. When it was time to decide on our dish, Mary Jane ran to the low drawer, grabbed both of the aprons, then reminded me to wash my hands before we got started. "I got this," Mary Jane said about everything from measuring flour to pouring olive oil by the cup to manning the immersion blender. (Two hands are required so I knew I could stop it if need be.)

She's in pre-K at Fairyland School now, so the past two Wednesdays have been different. My husband and I find ourselves at a bit of a loss, barely able to go past the Little Library on our walk.

"How you doing, Cat?" we ask each other. Even though we know the answer.

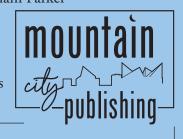
SAVE THE DATE **Tuesday** October 1 3 - 6 p.m. Rain Date Thursday, October 3 20 LOOKOUT MOUNTAIN SCHOOL 24

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The Lookout Mountain

Wow Moments Need to Be Shared

by Angie Conroy

Anne Lamott, a ragtag Christian and one of my favorite writers because of that, said in one of her books



that all prayers can basically be whittled down to three words: *help; thanks;* and

I remember the first time I read that phrase. The simplicity and completeness of it left me gobsmacked. I still think it's dead on. But I also think it translates effortlessly and beautifully into ground rules towards civility with each other. *Help* and *thanks* are 100% relational in that they require a recipient. And whether we are the helper or the helped, we are acknowledging our need for one another.

The same is true for *thanks*. It is a recognition of gratitude to someone else for something. Once again, very relational.

And wow, although it doesn't necessitate someone else, is almost always experienced more fully with someone else. C.S. Lewis once referred to the magnificence of seeing the Grand Canyon for the first time. But he added how much more fantastic the moment was when shared with someone else.

We have all experienced those wow

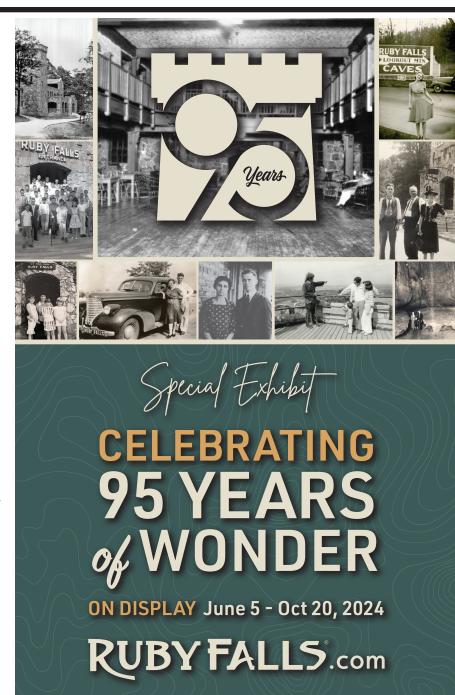
moments when we turn to the person next to us, stranger or not, all wide-eyed and say "Wow! Look at that!" There's a connection in that moment based solely on the wonder of the wow.

All three of these words respond to our not being alone in the world. They reflect both our sameness and our uniqueness.

So, what if these three words served as the undergirding for our communication with each other, a.k.a., the syntax of our language. How might that change our rhetoric?

Sometimes at night when I am tired and worried and trying to quiet my mind, I listen to "The Boy, The Mole, The Fox, and The Horse." If you guys have never watched or listened to this little story, you're missing out. It mirrors so beautifully what Anne Lamott said about *help, thanks* and *wow.* There is very little dialogue, but every word or sentence is saddled with truth reminding us of our significance in this world and the unequaled contribution we make to it.

Our journey here was never intended to be a solo performance. We were designed to be together, in community. We need each other to truly grow into what we were designed to become. I can be a better *me* because of you, and you can be a better *you* because of me. Love fights to survive and transform. And, as "the boy" in the book says, "... that's why we're here isn't it. To love and be loved."



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Mtn. Spa Is Under New Ownership

Justin and **D'Anna Farrar** recently bought the Mountain Escape Spa from its original owner, **Cindy Stiles**. After over 30 years in business, Cindy is so pleased to sell the spa to someone who cares

and loves our mountain like she does. Cindy is so appreciative of the support this community has shown her business through the years, but knew it was time for her to choose another path for her and her family.

D'Anna and her husband, Justin, fell in love with the magic of Lookout Mountain and moved here seven years ago. "As residents,

we have a deep gratitude and respect for the special beauty, charm and gifts of the mountain and its community," she said. "We always wanted to own a small business, and buying Mountain Escape Spa was an exciting opportunity to do so and give back in a way."

Well versed travelers, D'Anna and Justin have visited spas all over the world, so suffice to say, this

couple knows spas.

"Visiting spas around the world, we are deeply passionate about wellness and the importance of self-care," D'Anna said.

D'Anna also
has a background
in beauty, with
extensive experience
working as a brand
manager of various
skincare and beauty brands.
Longtime customers of
Mountain Escape Spa, the

couple have nothing but appreciation and admiration for both Cindy and the spa, noting the satisfaction and joy it has brought to the community for three decades. D'Anna and Justin are grateful



to Cindy for her vision, commitment to the community and business acumen, and are honored to carry the torch and continue her legacy.

The Farrars were also inspired by other nearby businesses like Canopy and Massey's, which are bringing fresh new energy to the town center in Lookout Mountain, Tenn. They are currently remodeling the spa to refresh the space and ready the building for new exciting amenities.

"We will be offering massages, facials and aesthetician services, a new hair salon offering both women's and men's hair services, a new nail salon, and a Scandinavian inspired sauna, D'Anna said. The spa will also offer a new luxurious mountain serenity lounge room where guests can sip tea, relax and unwind before and after services, but that's not all!

"Furthermore, we are revamping

the retail portion of the spa with an

enchanting new boutique. We will have many new items including apparel, jewelry, accessories, home items, gifts, Christmas items and more just in time for the upcoming

holiday season," D'Anna explained.

Keep your eyes out for special limitededition packages inspired by the seasons, including the Autumn Spice Spa Retreat. This package provides the ultimate fall glow-up experience with a pumpkin spice facial, autumn aromatherapy massage and pumpkin butter hand and foot treatment.

They are so excited and are so grateful to the community for all the love and support! D'Anna can't wait to start this new chapter in their lives and on the mountain, and her excitement is contagious!

The Farrars are planning a grand reopening this October and accepting pre-bookings now. Please visit mountainescapespa.com or call (423) 821-1772 to book your appointment today.

by Gwin Tugman

Hours of Flour Delivers Baked Delights

Hope Plating, daughter of Paula and John, has been tweaking her business, Hours of Flour, for nine years! Only 23 years old, Hope makes the most beautiful

cakes, pies, and cookies.

"In 2014, my family had just moved from Colorado to Lookout Mountain. I was 14 and wanted to get a job, but I was still too young to be formally employed at any of the businesses in town. So, I started my own Hours of Flour, my baking business.

"I grew up baking and cooking all the time, especially for my parents' parties. Or, I would make a dessert for them to take to parties and ask for comments or suggestions on how to improve it. I got so polished that my dad encouraged me to start selling what I made. I began by taking orders for birthdays, graduations,

and other celebrations, but things got bumped up a notch when **Jeanie Dassow** took a chance on me and booked

me for my first wedding cake! I spent weeks testing different recipes and tweaking things to make sure everything was as delicious as I could possibly make it. I was 15 when I delivered that first wedding cake. Now I'm 23, and the most recent wedding cake I made was for Jeanie Dassow's oldest daughter. I'll always be grateful for her taking a chance on me for that first wedding cake order."

When she started attending Covenant College for her undergrad, she had less time for baking,

so she limited her business to only focusing on large orders like wedding cakes, which have definitely become her specialty. Hope really enjoys tackling such a large challenge because wedding cakes require more than baking skills. She also has to consider the engineering and architecture of the cake, as well as the artistic aspect



Dassow wedding cake

of decorating such a large cake. But Hope loves everything about the process and, of course, she says the beautiful end product justifies all that time!

This amazingly talented young lady graduated from Covenant with a fine arts degree in sculpting, which she also loves. In fact, Hope sells many of her pieces. She loves anatomical sculpting of faces and busts, but she has also done some large-scale contemporary

pieces. She enjoys taking commissioned pieces because "if you have a story to be told, I can tell it with my sculpting."

Even though wedding cakes, complete with fresh flowers she arranges herself, are her specialty, she can create whatever baked delight you want. Hope just finished a tyrannosaurus cake for a kid's birthday, and it was as spectacular as it was delicious, as are her signature decorated cookies.

Hope admits that she is very social and her baking is a way of communicating to friends and customers that she

cares. Even more amazing is that Hope also delivers on the mountain!

You can see her creations and how she makes them on Hours of Flour on Instagram or you can email her at hoursofflour@gmail.com or call her at (719) 200-9747.

by Gwin Tugman



Justin and D'Anna

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Warren M. Barnett, CFA August 6, 2024

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<u>Perspective</u>

The Chimera of Diversification: The Standard and Poors 500 Index Fund

Investing in 500 stocks sounds like diversification. If one goes down, the other 499 perseveres. This is not exactly the way the S&P 500 works.

The index is weighed by capitalization which is defined as the price per share times the number of shares outstanding. This results in larger companies making up a larger share or weight of the index than smaller companies. On the surface this seems fair. After all, who wants an index driven by the smallest companies?

The problem comes when the largest companies become so large as to make a mockery of the index. Last month it was pointed out that ten of the largest companies made up 37 percent of the index. Another way to look at it: The S&P index is divided into eleven industry groups. One group, technology, makes up 40 percent of the value of the index. In effect, investing in the index is a 40 percent bet on technology. The other ten sectors make up 6 percent apiece on average.

While this concentration is a record, it is not an anomaly. In 2000, at the height of the dot-com bubble, tech represented 32 percent of the index. A year later that concentration fell to 18 percent. It stayed in the range of 15-19 percent for almost twenty years. In the early 1970s energy became almost 35 percent of the index before declining to 6 percent later that decade as oil prices rose and fell.

In essence, history teaches us that we have seen this movie before. The difference this time is how many people are invested in broad indexes due to the rise of passive investing. Originally, passive index investing was championed by those who felt that fees and transaction costs made active investing a riskier and more expensive approach. Now, passive investing has become so massive that its inflows and outflows are dictating the market as opposed to active investment management.

This is witnessed by the gaps between the closing price of a stock one day and the next. When there is a material decline or increase of more than a few percent in a stock's price in a single day, it often means that there is no liquidity in that part of the market. There is no one on the other side of the trade to buy from or sell to. The stock lurches upwards or downwards until someone on the other

side is found to make a transaction.

Benjamin Graham, "father of value investing," spoke of these situations as buying or selling opportunities. Graham was addressing the contex of a single stock, not an index of 500 stocks. Graham believed that markets were prone to mispricing securities and an informed investor could take advantage of such. An index allows no such advantage, as an investor is buying the entire lot in proportion to each factor, weighed by size. At any one time there are stocks that are overvalued, just as there are stocks that are undervalued. When you buy an index, you buy them all. Such a position does not faze a believer in efficient markets. For the rest of us, it is an opportunity and a challenge.

Of the eleven sectors of the S&P 500, some are overvalued while others are not. For smaller amounts of money, sector funds offer some approach to the current market turmoil if sectors are studied for their potential and valuation.

For larger portfolios, individual issues can be combined to represent the undervalued sectors. In effect, a larger stock portfolio is a fund with only one participant. While the size of an individual portfolio varies with the manager, 12-20 stocks should be sufficient. Beyond this is closet indexing, a habit of managers who have a fear of missing out in the short run. A portfolio or fund of 100-200 stocks does not represent conviction so much as mediocracy.

As of this writing, the index of volatility, or VIX, is about twice as high as it was a week ago. Such would suggest that there is more turbulence ahead. The best approach is to know what you are invested in and have some faith in the same. The future is always uncertain. Since everyone cannot be right all the time, it behooves one to be apart from the crowd. Not everyone can buy when others are selling.

As for valuations: with a growth sector like technology there are always those who contend that they hold the keys to the future. The challenge is to accurately value that future and choose the beneficiaries. People do not buy technology. They buy what technology will do. The applications of technology increase as its cost declines. Thus, the Faustian bargain of technology is one of expanding unit demand offsetting declining price. If price declines faster than unit demand increases, revenues stagnate, and then the stocks fall back to earth.

The Economy

A lower-than-expected jobs growth number for July and an uptick in the unemployment rate set off a panic in stocks that a recession may be at hand. In reality, both slowing jobs and higher unemployment are necessary to get inflation back closer to 2 percent. Given this fact, the developments should not have been unexpected or adverse in terms of prices had the market been fairly valued from the start. So much for efficient markets.

The Goldilocks economy in which both inflation and economic growth are at lower levels is being orchestrated. For a market that was worried about inflation, this should have been a positive thing. However, as the economy slows and companies like McDonald's report its first quarterly

revenue decline since covid, people are beginning to realize that low inflation will also mean slower growth. They are two sides of the same coin.

Inflation

Inflation is down, but not to the 2 percent level that was supposed to be the signal for the Federal Reserve to begin easing interest rates. Still, given the Fed's dual (and contradictory) mandate of low inflation and full employment, it is expected that the Fed will reduce interest rates in September. They may reduce interest rates prior to that date. In effect, they will declare victory and go home.

Interest Rates

In response to the perceived poor news about employment, debt instruments have rallied, and interest rates have declined significantly in the process. The tenyear rate is below 4 percent in anticipation of the Fed rate cuts believed to be set to begin in September. The interest rate parlor game now revolves around whether there will be two or three reductions in 2024.

The backdrop for lower interest rates in the future (i.e. 2025 and beyond) is not good at present. The Federal government continues to spend more than it takes in. The debt ceiling will soon be up for discussion and debate with the ensuing brinkmanship over shutting down the government. For this and other reasons it is assumed that interest rates will reverse and ratchet up over time. The idea that rates will go back down to pre-covid levels is at best a dream. Only meaningful tax increases will change this scenario. That is outside the Fed's control. Tax changes are the domain of congress.

The Stock Market

After skating along on, first low interest rates, then the covid stimulus and now the Al craze, it would appear that some parts of the market are in need of a revaluation.

The technical name for a change in favored stock sectors is rotation. Usually during a rotation, the overall indexes churn up or down while different parts of the market act in a more or less exaggerated manner.

While new market sector leadership has not yet been designated, it should be noted that historically, the chance of the same sector leading the market two consecutive times is less than one in five. Some people who have invested in the leaders of the past cycle and who want to wait for their prices to recover before selling may have a long wait.

Parenthetically, the reputation of international investing has taken another hit. It seems that foreign markets are declining faster than the US. So much for asset class diversification creating portfolio stability. Partnership investments are at present not being revalued, mainly because they cannot be sold. Their portfolio stability is at best illusory, at worst misleading.

From the Desk of Warren Barnett

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Dear Mountain Ears ...

by Gwin Tugman

My son **Robert** lived with me for a couple of weeks this summer; he refused to watch a Hallmark movie, and I refused

to watch a horror movie, so naturally we turned to streaming shows. Someone suggested "Presumed Innocent," so we proceeded to watch the eight episodes over a few nights. After the first episode, I knew who had done it and so did he, so we wrote down our guesses and put them on my mantle. The winner had to watch the other person's choice of shows, so the stakes were high. I made sure there was no cheating by hiding the paper slips in my freezer. Read on while I go watch the next episode.

Elizabeth and Kennedy Griffin headed to Las Vegas to see Garth Brooks. During the freeze of January, when the kids were out of school for another week following Christmas break, they decided to book an adults-only trip, something to look forward to. They chose a whirlwind two-night trip to Las Vegas in July for a Garth Brooks concert - quite possibly the most opposite temperature than the January freeze with record temps of 110 degrees in Vegas that week! The concert was fantastic, and Trisha Yearwood sang several of her hits, too, and Garth took requests from the audience. One of their first dates was a Garth Brooks concert, so this was extra special, even though they would not recommend Vegas in July!

The Griffin's son, **Will**, turned 8 at the end of April, and they hosted a baseball "clinic and scrimmage" at Senter Field for the second grade boys. Elizabeth hired the Scrappers Baseball Team, (composed of fifth grade boys) to lead the games, and everyone had so much fun playing home

run derby, tennis baseball, "little kids vs. big kids," and other sandlot-style games. Cheers with Greer provided festive signs, and, at the birthday boy's request, pizza and cookie cake were served under the pavilion, providing a perfect ending to a great birthday!

The Mountain Tracker

Gwin Tugman, the ever-alert Mountain Tracker, is always in search of tidbits for inclusion in this column. She can be reached by calling (423) 825-1445 or e-mailing jtug@epbfi.com.





Will Griffin, front left, celebrates his 8th birthday with friends.

Kirsten and Allen Yates hosted a Team USA gymnastics party for their daughter Evie's 7th birthday at the Tennessee Academy of Gymnastics in August. Kristen sent out evites that asked friends to "Come tumble, flip, and play" for the party, and all of the first grade girls from Lookout Mountain School received their own USA leotards and medals when they arrived. Evie loves her gymnastics lessons, and there was an instructor to help guests perform everything from jumps on the vault to flips on the bars and rings. This mini-Olympic crew showed off their skills and had a fantastic time, also enjoying the snacks and the adorable gymnastics-themed birthday cake. The guests went home with their leotards and medals, as well as blue cotton candy and swirl pops. The mothers laughed that none of the girls wanted to take off their leotards, insisting on wearing them the rest of the night. What a fun idea, especially during the Olympics!

Sarah and **James Stevens** took the plunge and went on vacation to celebrate

11 in the world, and it was worth the early wakeup. The three-hour meal was a feast for all the senses. Sarah visited the Dior Museum without James (in case he tried to rush her), and she took an inordinate amount of video footage. One of her video editors condensed the footage into bite-sized videos for the YouTube channel Sarah started for her new app. (A search for YouTube Adjust My Crown Dior should pull up the videos.) Her videos are really worth the watch because the museum is full of so many beautiful things. Also go to Adjust My Crown for help and feedback with your own personal styling! It's an amazing

their anniversary. Eleanor Caines was

able to manage carpools, summer camp

pickups and other wrangling for all four

Stevens kids. Sarah and James wanted to

go somewhere they could walk and dine

endlessly, and Paris fit the bill. Three

weeks before the trip, James woke up at

4 a.m. to snag online reservations the

app! Sarah also made James help her spot Adidas tennis shoes for her app headlines like "Are Sambas over?" and other Paris street-style related questions. Sarah laughs that their marriage survived her high maintenance demands, and James said he would even return to Paris with

her, maybe as soon as the leaves start changing in the fall. If seven miles of daily walking,

numerous unplanned, lingering cafe pitstops, and no tourist attractions are the questions, Paris is the answer. Eleanor, Sarah wants to know if you are available again in October?

Off to Greece for 10 days, Charlotte and Brian Price, took grandchildren Houston and Cammy Price, daughter Frances Price, daughter Katherine and Scott Smith and children Christopher and Andrew Smith. All flew to Athens and enjoyed a great tour of the Parthenon and Acropolis. They took a cruise with a private guide from Athens to Santorini and toured the town, which was absolutely beautiful. They visited Black Beach, where the sand is black from volcanic activity, which was stunning. They next went to Turkey and the ancient ruins of Ephesus, which was amazing. A boat day in Rhodes for swimming and snorkeling in crystal clear water was followed by a trip to Mykonos and a final stop at Hydra, which is an island with no cars or bikes - nothing but pedestrian paths and water taxis. This whirlwind of a trip was rich in history, architecture, and beauty, and they are so glad that the family could experience it.

Celebrating Diane (Didi) Brown's 80th birthday, family and friends gathered at the home of Lane and Ricky Park in Long Branch. It was a family affair, with everyone contributing. Around 60 guests attended, including Didi's sister and brother-in-law, Kathy and Jay Scott, and brother, Richard Sullivan. Guests traveled from far and wide, including Jeanie Johnson, Patsy Trimble and daughter Laura, Virginia Bailey and Gray Bagby and more. All of Didi's grandchildren and children were there - Will Brown, Lane and Ricky



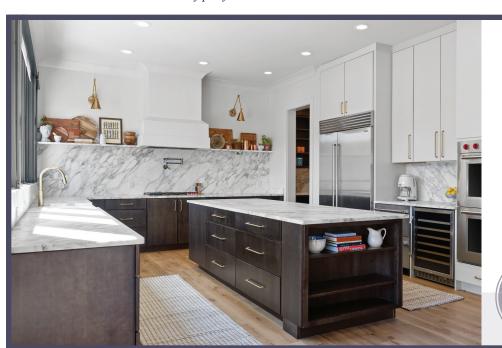
Andrew, Katherine and Scott Smith, Houston Price, Brian Price, Cammy Price, Frances and Charlotte Price and Christopher Smith

Park, Sullivan and Meredith Brown, and Lavens and David Brooks, and all of their combined children! People brought different dishes: Gay Burns brought little quiches; Nancy Driver brought deviled

Continued on page 9.



Evie Yates, front row third from right, is all cheers for her Olympic birthday party.



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MK Celebrates Anniversary, Staff

Massey's Kitchen opened last summer amidst great anticipation and much enthusiasm from the community. It was only fitting that the restaurant's first birthday was marked by a celebration with special invited guests: the entire community! Live music, spontaneous dancing, scoops of that divine gelato, carnival games and patio cocktails were in order for the afternoon that moved into the evening. The staff was on hand for the event, of course, including many that were celebrating their own one-year anniversary of working at Massey's Kitchen.

One year ago, the community waited with bated breath for the restaurant to open, and it was worth that wait. The paris is full every every

that wait. The patio is full every evening, even in the dead of winter, thanks to the igloos that were there last year. There was just something special about dining under the stars in a cozy little private dome!



Employees who have been at Massey's since opening are back row: Montgomery Pool, Ahmed Aljack, Ramsey McDonald, Lauren Faulkner and Brittany Rucker. Front row are Jade Hope and Amanda Hurst. Not pictured are Graham Burns and Mayra Gomez.

My office is only a few feet away from Massey's Kitchen, and I am a regular diner there. It is wonderful to have a restaurant that is open every single day for lunch and dinner! And a yummy brunch on the weekend

My house is almost as close to MK as my office is, so I really have zero excuse to use the restaurant's delivery service. But have you seen that zippy little car? For a mere \$3 charge, you can order anything you want for delivery on the mountain!

I'm very familiar with the menu, and my favorite starter is the baked feta. Divine. There is a tie with the salads – Shrimp Louie and Mediterranean Chicken Salad take turns. The smash burger is really good, and the French fries are special –

hand cut and soaked in salt water before frying. The Italian sausage pizza is to die for, but if you want, add a little of the sausage to the Tuscan pizza, which boasts artichokes, roasted red peppers, onions, roasted mushrooms, and pistachio pesto. The flour for the dough is imported from Italy, as is the olive oil and other ingredients. My friend who is gluten intolerant can eat this pizza dough with no problem. The flatbreads are all yummy, but last summer they offered one with grilled peaches and arugula. Incredible.

Massey's offers several flavors of gelato, and a seasonal option as well. Get the chocolate. It's like nothing you've ever had, with a dense rich chocolate flavor.

There's lots more on the menu, but these are my favs, along with the gyro bowl in the secondo section.

Lots is going on at Massey's, including the new Massey's Lookout Mountain Market! On Saturday, August 24, a farmers market took place on the patio! Indeed, lots is happening at this neighborhood restaurant, but a lot remains the same, including great service, great food and a great location!

by Ferris Robinson

Mountain Ears cont.

Continued from page 8.

eggs; **Delin** and **Merrill Lane Brown** brought *grugiere*, (little cheese puffs and Didi's specialty). The birthday girl even brought her famous Tex Mex!

David Brooks smoked pork butts for sliders, and Champy's supplied the fried chicken. Freddi Taylor and Hazel Taylor created fabulous charcuterie boards, and Freddi also made delicious cupcakes. Sig Brown and Freddi helped shuttle people on the allterrain vehicle as guests enjoyed Bloody Marys, mimosas and

Margarita Mac's margaritas. There were many beautiful tributes, several with the common threads of Didi's questionable driving record, her beautiful home and mostly who she is as a person—welcoming, inclusive, loving. It was a fun evening, and her husband, **Bill**, is so proud of his family. What a lovely tribute to an incredible lady!

Jennifer Foley was honored at a "bubbly and best wishes for the bride-to-be" party hosted by her friends **Luci**

Stone, Beth Daughtery, and Linda Benton, who opened up her Fort Wood home for the shower. Close friends, tennis buddies, and book club members all joined the festivities, as did her mother, Beverly Connor, and her sister, Melody Hardesty. Everyone had a grand time toasting Jennifer and

Jamie Corey who married

on August 10. Along with the bubbly bar, guests enjoyed chicken salad croissants, pasta salad, fresh fruit, and adorable petit fours for dessert. The hostesses had decorated with big beautiful blue and white hydrangea blooms that made the evening even more special. The hostesses and all the guests presented the glowing Jennifer with a gift certificate to McLemore for anything they wanted to do. Cheers to many happy years ahead!

Allen Gray took some time off from the Market on the Mountain while he and Randy Brown headed to San

Diego to see his first great granddaughter. Little **Gia Allen Adams**, named for Allen, is the fifth generation of Grays.

Allen's parents, **Georgia** and **Carroll**, are thrilled with their great-great granddaughter, and although they didn't make

the trip, they were there in spirit. Allen and Randy stayed at Allen's daughter's, **Savannah**, home

along with her children **Taj** and **Camile**, and **Jayla Adams**, the baby's mother. It was a full house with lots of laughter, and all so enjoyed their time together. A big family cookout by the pool and dining at delicious restaurants were wonderful, but Allen laughs that he and Randy mostly loved their "baby time" and couldn't get enough. They were reluctant to leave and can't wait to get pictures and phone calls as she grows. Congratulations, great granddaddy Allen!

Gia Allem

Adams

Melody Hardesty, Jennifer

Foley and Beverly Connor

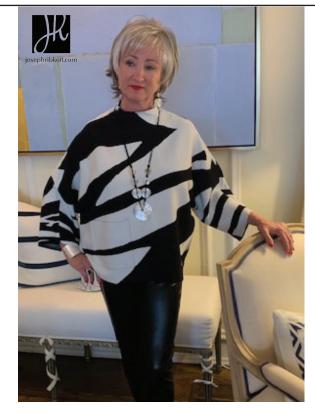
The cute neighborhood behind North Hermitage found innovative an celebrating way of Olympics. The celebration started at the opening ceremony when they gathered at Tish and Carlton Stewart's home with a white toga party. Togaclad guests feasted on food from Massey's Kitchen, a homage to Greece where

the Olympics started. The

festivities ended a couple of weeks later at Mindy and John Tugman's house with a black toga party, which turned into an all-American celebration with many people wearing red, white, and blue. Mindy decorated the house with symbolic Olympic rings and all things red, white and blue. Pitchers of spicy margaritas

joined all-American food including wings, fried onion rings and fried green tomatoes, hamburgers, hot dogs and desserts. This neighborhood turned out in grand style to celebrate USA medal winners and the community!

Well, back to "Presumed Innocent." Neither one of us was right, but Robert good-naturedly watched a Hallmark movie, and I watched some horrible scary movie. I am still having nightmares, and he is probably dreaming about rainbows and hearts, but it was a fun way to watch. You should watch this series, but don't watch "The Nun." It's terrifying! Till next month.



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Author Ken Poston Speaks to Book Club

The Lookout Mountain book club, Gnomers and MisGnomers, invited notable author, and lawyer, McCracken (Ken) Poston to talk about his book, "Zenith Man: Death, Love, and Redemption in a Georgia Courtroom." Ken was invited to join the book club as a special guest by book club founding member Talley Carroll when she and her son, Wes, were having lunch one day at 1885, and in walked Ken Poston. Talley did not hesitate to introduce herself and her son and told him how much she and her book club friends enjoyed his book. Ken was very

gracious and offered to attend a book club meeting to share his thoughts and experiences with the book, as well as share more about his close friendship with **Alvin Ridley**.

The true crime story took place in Ringgold, Ga., in 1997. It focuses on Alvin Ridley, an eccentric man accused of murdering his wife of 30 years, a wife who very few people knew anything about. Ken agreed to defend his eccentric and oftentimes difficult client mainly because his father liked him, but also because he had lost a bid for U.S. Congress. This was a bruising political



Front row are Talley Carroll and Ann Caldwell. Middle row are Dana Driver, Keeta Settle, Carol Mitchell, Ellen Allison and guest author Ken Poston. Back row are Bev Capper, Jane Biscarini, Catherine Kelley and Jennifer Foley

loss for Ken, so his only choice was to rebuild his law practice.

Alvin was a challenging client who did not trust easily. Years of being misunderstood by local citizens and law enforcement had taken its toll on him. But Ken persevered and finally pieced together a ground-breaking defense that ultimately set Alvin free.

After his release, Alvin called Ken every week to set up their lunch meetings. He also frequently stopped by his office. Then, in 2021, Ken heard a podcast that featured a former member of the jury. She suspected that Alvin was on the autism spectrum. So, Ken took Alvin to Atlanta to be tested by a medical expert on autism, and finally all his unusual behavior was explained.

After Alvin gave Ken permission, he informed many of the local Ringgold citizens about his diagnosis, and Alvin enjoyed his remaining years with more

compassion and understanding from the community. Unfortunately, Alvin died on July 2, 2024, but he left behind a story of unlikely friendship and a lesson about not rushing to judgment just because someone is different.

Ann Caldwell, member of Gnomers and Misnomers Book Club, probably summed it up best, saying, "We all thoroughly enjoyed Ken Poston speaking to our book club, and if you want to read a compelling story that takes you on a journey you didn't even know you wanted to take, pick up this book. Ken fights for the underdog and after reading his book, 'Zenith Man: Death, Love and Redemption in a Georgia Courtroom' you will feel much better about humanity." Ken may be contacted at mccrackenpostonjr.com or @RealZenithMan.

by Carol Mitchell and Talley Carroll

2024 Elementary Youth Cross Country Series

The Chattanooga Track Club offers a 1-mile cross country course race series held at Camp Jordan Park. It is open to all 3rd, 4th, and 5th grade students in the Chattanooga area (including North GA), including individual home-schooled students, or those individuals not affiliated with a participating school team. Cost is \$5 for all 4 weeks. Coaches of participating schools must provide signed 2024 season waivers prior to student participation.

Parents or guardians of individual students participating must complete the 2024 season waiver prior to student participation.

Volunteers from each school are needed to assist with providing course direction (we'll provide a vest & instruction when you arrive) as well as at the finish line managing foot traffic, directing racers through the chute, handing out finish cards, and collecting completed finish cards.

The meets are on Thursday afternoons:

Meet #1: Thursday September 5 Meet #2: Thursday September19 Meet #3: Thursday September 26 Meet #4: Thursday October 3

For more contact: YouthXC@ChattanoogaTrackClub.org





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Happy Reading, Titles From All Over

by Nancy Carstens

Oh, for a book and a shady nook either indoors or out ... John Wilson 1785-1854



If you have read this "Oh, for a Book" column for any time at all, you know that some months it is really focused one theme, one author, one book. Other months it's all over the place. Welcome to one of those months ...

Several columns ago I wrote about some of my methods for choosing books. One way that tends to work well is that I seldom pass up a book about books (with bookshops, readers, libraries - any such word - in the title). That, and the fact that the author's name is Carsten Henn, assured me that "The Door-to-Door Bookshop" was meant for me. Translated from its original German, it's a charming story about Carl, who knows the reading preferences of his clients so well, but really longs to know the people better. They, in turn, would be happy to share with Carl, but all of them have become so self-isolated that they have no idea how to go about it. Until a 9-year-old girl shows them how.

Visiting independent booksellers - especially the really intimate sort that I love - is the third leg of the trifecta that brought this book to me. In a book shop the size of my living room, a title like this can more easily catch my eye. Shout-out to places like The Strand in NYC and Powell's

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City of Books in Portland, Ore. They are wonderful, impressive, awe-inspiring - and a little overwhelming. My heart belongs to the small neighborhood bookshops. Be sure to shop local.

I'm sure you've noticed that every so often sourdough baking has a resurgence in popularity. During the pandemic, a lot of sourdough was made. Now, with the emphasis on gut-health, a lot of sourdough is being made. I have had my share of sourdough starters throughout the years. My friend and I went to a sourdough starter-making class at the library a couple of months ago, and I have really made a go of it with this starter. My sourdough sandwich loaf isn't exactly where I want it yet, but I make pretty good sourdough scones. I make killer sourdough pancakes and waffles, and sourdough brownies that are honestly some of the best brownies I have ever eaten. The funny part of this story is that when we told my friend's mother that we had taken this class, she literally said, "Don't do it! It will take over your life!" Clearly, she had had an experience. Well,

Shop!

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that's sort of what happens to Lois, a not-very-social software engineer who is entrusted with the care of sourdough starter. Who would have thought that a "needy colony of microorganisms" could change her life? Don't be fooled by the simple title. In "Sourdough," Robin Sloan has crafted a complex tale that's a bit dystopian, a bit Faustian, a bit cloak and dagger, and even a bit romantic. Who knows! It may have

you cuddling up with your own sourdough starter. It could be life-changing!

Speaking of dystopian, I read George Orwell's classic, "1984." You may be aware that a retelling entitled "Julia" by Sandra Newman was published last year. I thought I needed a refresher before reading it. The classic "1984" is just as dark and dismal and as Orwellian as ever. There is nothing redemptive. If anything, recognizing some of the technological advances that we have made and some of the societal digressions that have occurred since the publication of this book actually made it worse. I'm not sure I will actually read "Julia" at this point. I'm going to need a little distance. If anyone has read it, I'd like to know what you think.

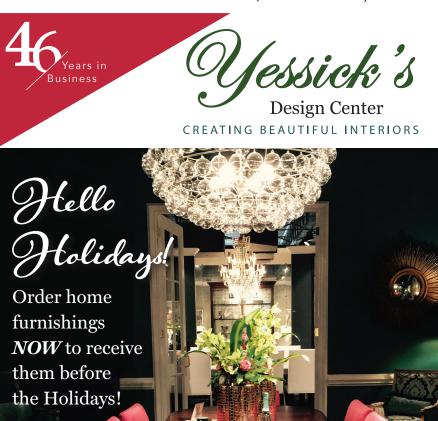
Happy Reading, whatever you're reading!

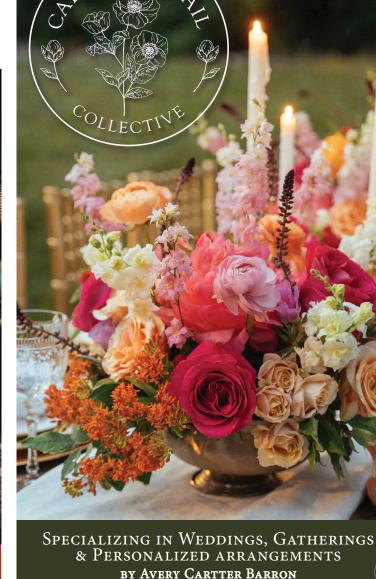


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Henry Taylor Releases Red-Shouldered Hawk

When Henry Taylor turned 9 years old, he had a celebration of a lifetime. The Thrasher third-grader was well aware of nature being right at his back door, thanks to granddad Frank Taylor, a high school biology teacher in Virginia, who, after over 35 years of teaching, is still fascinated with every aspect of the great outdoors. During the pandemic, Frank began filming signs of spring emerging, literally right outside his back door, and posting short clips on YouTube. Over 50,000 subscribers later, he is still influencing the masses, including a few blood relatives.

Ann Katherine and Bill Taylor of Signal Mountain are pleased with their children's knowledge of the wild kingdom. For example, their children understand which snakes are poisonous and how to spot them, and what is so cool about millipedes, the iron worm in particular, and how to spot common milkweed and why it's important.

The Taylor kids are aware of the scientific name of black snakes allegheniensis pantherophus, which means black panther snake. "What a cool name to describe this sleek shiny black snake," Frank says in a video. They also know about the imperial moth, *Eacles imperialis*, including what it looks like and what it eats and how it stings, as well



Henry Taylor holds a red-shouldered hawk

as the difference in toads and frogs. Toads have big glands on the back of the head filled with poison, which is very effective for keeping dogs away.

So it was no surprise when Henry asked for a red-shouldered hawk for his birthday. Actually, he knew better than to ask to actually own it because he understands it's a wild thing, and wild things need to stay wild.

Alix Parks with Happinest Wildlife Rehabilitation and Rescue always stresses the fact that the point is to rehab the

Continued on page 13.



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Releases Hawk cont.

Continued from page 12.

animals and return them to the wild. To that end, before an animal is released, it must pass hunting (and killing) school, flight school and other criteria to ensure its survival in the wild. Happinest Wildlife Rehabilitation and Rescue is actually a small group of licensed volunteers dedicated to the rehabilitation of sick, orphaned or injured wildlife in Tennessee, with a goal to prevent suffering and successfully return animals to the wild. Find more information as well as a link to donate to this worthwhile organization.

Only too happy to fulfill his grandson's birthday wish, Frank sponsored a redshouldered hawk at Happinest, and Alix was equally happy to bring the bird of prey to the outdoor party. Holding the large bird's legs gently but firmly in her gloved hand, Alix answered questions from the crowd, including the weight (less than two pounds), choice of foods (lizards, snakes, voles and moles) and how it came to Happinest (fell from nest and couldn't be placed back in it).

Happinest is currently rehabilitating 35 birds, included barred owls, screech owls and broad wing hawks. Sponsorships are available, and are perfect for the person who has everything, Alix said.

At the end of the party, Alix was pleased to provide raptor handling gloves for Henry and instruct him on how to release the bird. But not without a name!

Henry chose the perfect name for the imposing bird with the menacing hooked beak and mammoth talons.

"His name is Apollo," Henry said,

One billion birds die from collisions with glass doors or windows because the reflections look like clear flight paths to the birds.

What Can You Do?

Move feeders to within one and a half feet from windows so birds reduce speed if they do fly into glass.

Try visible markings to entire windows to create patterns.

How to Help a Stunned Bird

Line a small box with air holes with cloth or paper towels and put the bird in a quiet, dimly lit place away from **predators**. Do NOT offer food or water.

because the god was often depicted carrying a hawk, so the association with the god of light, truth and prophecy gave hawks the symbolic significance of being messengers of the divine.

These birds of prey have that exact association with their rehabilitator, Alix Parks.

Contact Alix Parks for more info at happinestwildlife.com or (423) 847-5757

by Ferris Robinson



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Meet Local Farmers and Makers

by Ginger Gibson

In this installment of Meet Your Local Farmers and Makers, we will meet a painterturned-stained glass artist, Miranda White,



and the charming West family of Dirt Poor Farm. For anyone who has thought of making a change in career or direction, these folks will inspire with their stories of perseverance and, ultimately, success!

Dirt Poor Farm

Farmers: **Kyle** and **Chelsea West** and kids **Gentry** and **Raylon**

Location: The 24-acre fruit and vegetable farm is located in McMinn County, but Dirt Poor serves customers across East Tennessee, including Hamilton County.

Q: How long have you been farming? **A:** (Kyle) Since 2017.

Q: Is this your full-time work?

A: (Kyle) As of May, yes. Prior to that I also worked a day job for seven years.

A: (Chelsea) So many 20-hour work days between two jobs went into making a living at farming possible.

Q: How did you get started farming?

A: (Kyle) We are first generation farmers who have learned by trial, error, research and a whole lot of sweat. Did I mention error?

A: (Chelsea) We started farming in 2016 with our little backyard garden. We were producing so much, we were constantly canning and freezing, so we decided to give the farmers market a go. We enjoyed it so much that we moved to a 20-acre farm in Sweetwater in 2018 to allow for expansion. After moving, we started our CSA program, which has

grown to cover 19 counties across Tennessee.

Q: What does farm life look like for a young family?

A: (Chelsea) Our son, Raylon, who was born with Down syndrome, and daughter, Gentry, absolutely love the farm life! We have really tried to focus on instilling a passion for farming in them early on so that we can hopefully grow our farming business into something they can take over and enjoy some day.

Q: What do you enjoy growing the most?

A: (Chelsea) We love growing pumpkins, cantaloupe, and sweet corn. Pumpkins are relatively easy to grow, and the colors against the fall landscape are tough to beat. We have had so many people tell us our cantaloupes are the best they have ever tasted. Sweet corn is best eaten

or cooked within 48 hours of harvest, so no grocery or produce stands can compete with farm fresh. This has been the toughest year for corn we have ever seen, but it is still our favorite.

Q: What are your most popular products?

A: (Chelsea) Cantaloupe, strawberries, tomatoes, sweet corn, watermelons.

Q: Will you tell our readers about the challenges of running a small family farm?

A: (Chelsea) We have grown in size around 30% every year as we gained knowledge, experience, and equipment. The first year or two were a humbling adjustment with going from gardening to farming. We mainly never gave up and through trial-and-error figured a lot of things out. Being able to purchase



Chelsea and Kyle West with children Gentry and Raylon

equipment needed for that size of operation was tough the first few years, but we were eventually able to make those purchases and now have the capability to grow even more as needed.

Where to Find It

The Chattanooga Market, Gaining Ground Grocery in Chattanooga, and delivery through Market Wagon. For more information, check out http://dirtpoorfarm.com.

Studio Prima Stained Glass

Maker: **Miranda White** Location: Chattanooga

Q: I understand you were a painter and then taught yourself how to make *Continued on page 15.*





Local Farmers cont.

Continued from page 14.

stained glass. How did that come about?

A: I was pretty successful painting. I created mostly invitations, pet portraits, house portraits, landscapes and such. I did a lot of custom work, which was popular with the clientele but not very fulfilling. Basically, I burnt out. One day I felt compelled to give glass a try. I always thought it was so beautiful. I purchased the cheap tools to start with and decided quickly that I was hooked. I've been "obsessed" (as my mother says) ever since.

Q: What advice would you give to someone interested in dabbling in glasswork?

A: I would tell someone interested in glass that it is a very time consuming, expensive art form. I would purchase the cheap tools first to see if it is something you'd like to do before making the big investment.

Q: Is your art form dangerous?

A: My fingers are always cut up, and I get burned on occasion - usually by lead splatter, but once I was taking apart a piece for a repair and I whacked myself on the forehead with the soldering iron. I had a burn line for a few weeks but no scar. And we have to be careful with the chemicals (getting them on the skin or inhaling them).

Q: Can you share a story of how your art impacted someone?

A: Stained glass is a lost art. People often stop to talk about how glass reminds



Miranda White from Studio Prima Stained Glass holds one of her pieces.

them of their grandmother/grandpa. Or how their most prized possession is their stained glass left to them from a loved one. These are heirlooms, to be passed down from generation to generation. Pet portraits and memorial pieces are always a tearjerker. My most impactful work, however, is from a lady who contacted me to finish her mother's stained glass work. Cordie (her mother) was a stained glass artist for many years but when diagnosed with terminal cancer, she was unable to finish many large pieces she had started. She and Cordie found me and asked if I would finish her work. I finished three large pieces and a few smaller ones that were given to their family members as surprises. It was an incredible honor.

Where to Find It

Meet Miranda and peruse her wares at the Chattanooga Market. You can also find her on etsy (studioprima) and Instagram (studio_prima).



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Tenn. River Rescue Set for Oct. 5



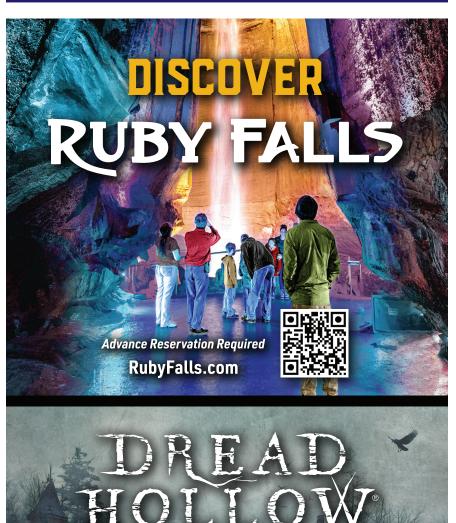
Folks don yellow safety vests and clean up the river in 2023.

The Tennessee River Rescue is back and bigger than ever! For more than 35 years, the residents of the Tennessee River watershed have gathered along the Tennessee River and its tributary stream corridors to clear litter from our precious waterways. This year's event is scheduled for October 5 at various locations throughout the region.

In 2023, over 1,000 volunteers removed 12 tons of trash, 130 tires, and 800 pounds of bulk items like furniture and appliances. Furthermore, through outreach and media coverage, an estimated 40,000 individuals became aware of the litter issues in our watershed, a positive step toward water conservation.

Despite these efforts, the persistent rise

of plastic-based litter items like grocery bags, bottles, and Styrofoam continues to be a concern. To address this, WaterWays is launching a comprehensive litter reduction initiative called Trash Free Tomorrow, which includes various litter clean-up events (including the River Rescue) and the Adopt-a-WaterWay program. In addition to these volunteer efforts, WaterWays is coordinating the installation of litter booms (floating trash collecting structures) on small tributaries to prevent floating litter from entering the Tennessee River system. Capturing this litter before it sinks and eventually degrades is vital in reducing microplastics that contaminate our waterways worldwide. Events like Continued on page 17.



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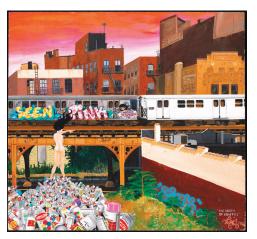
Hunter Explores Birth of Graffiti

The Hunter is excited to announce its upcoming special exhibition, "City as Canvas: Graffiti Art from the Martin Wong Collection." Organized by and on loan from the Museum of the City of New York, the exhibition features the work of the early legends of 1980s New York street art and explores the dawning of graffiti as an art form that helped shape pop culture for decades.

Opening Thursday, September 19, at 6 p.m., this electrifying exhibition will showcase the early days of New York graffiti through the eyes of artist and collector Martin Wong. From the bold tags

and dazzling murals demonstrating the rebellious creativity that ruled the urban jungle in the late 20th century, City as Canvas offers an unprecedented glimpse into the often-misunderstood art form of

Featuring over 100 works, the exhibition includes works on canvas, sketchbooks, and photographs of graffiti writing that have long since been erased from New York subway walls and buildings. The graffiti writers in this collection include Keith Haring, Lee Quiñones, Lady Pink, and Futura



Lady Pink, The Death of Graffiti, 1982. Acrylic on Masonite. Museum of the City of New York, Gift of Martin Wong, 94.114.96.

2000, all influential figures in an artistic movement that redefined music, fashion, and visual pop culture.

The collection, amassed by the late Martin Wong, captures the creativity and energy that came from the streets of New York City in the 1980s and 1990s. As an artist himself trying to make ends meet in New York City in the 1980s, Wong began buying underpriced pieces of graffiti art from Christie's and selling some to Sotheby's for a better price. Over time, he had accumulated quite a collection, and, with friend and fellow artist Peter Broda,

he opened the Museum of American Graffiti in 1989 on Bond Street in the East Village.

At the time, graffiti was a highly contested art form, and city officials removed most of the work that had been in the New York City Subway system. Wong set out to preserve what he called "the last great art movement of the 20th century." Befriending many of the artists whose works are in the City as Canvas exhibition, Wong often provided them with art supplies to support their work. In 1994, following complications with his health, he donated his entire collection to

the Museum of the City of New York.

Join us at the Hunter for an unforgettable journey through the art that painted the town and left a lasting mark on the streets - as well as on pop culture. "City as Canvas: Graffiti Art from the Martin Wong Collection" will be on view through January 13, 2025. The Hunter will be hosting several exhibition-related events throughout the duration of the exhibition, so stay up to date by following @HunterMuseum on Facebook and Instagram. Visit www.huntermuseum.org to learn more and plan your visit today!

by Hannah Brawley



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River Rescue cont.

Continued from page 16.

the Tennessee River Rescue help in the collection of data that informs our master litter reduction plan.

"The growth of this event is truly inspiring. In recent years, there has been a significant increase in zone leadership and volunteer engagement. Collaborating



Volunteers removed over 130 tires from the Tennessee River in 2023.

with partners like the Tennessee RiverLine has allowed us to expand our reach to communities across the watershed basin, including those in northern Alabama and into Rhea and Meigs counties in Tennessee. Our ultimate goal is to raise awareness about the seriousness of litter pollution and to get folks to take action and reduce litter at its source. The more residents of the watershed that join in the bigger our impact will be and the closer will be to a Trash Free Tomorrow!"

We would like to thank TVA for being this year's title sponsor as well as Tennessee American Water and Commercial Metals Company for their continued support and sponsorship.

To get involved, please check out the official Tennessee River Rescue website, https://tennesseeriverrescue.org,

By Brooke Fleeman

Tennessee River Rescue coordinator and assistant director of Water Ways



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Breaking Chains To Make Change

by JD Harper

Chattanooga known for its natural beauty and outdoor culture, but many other cities

in America, struggles with violence on any given day. In 2021, Mayor Tim Kelly responded by forming the Office of Community Health (OCH) led by Dr. Geeta Maharaj as part of his One Chattanooga initiative. For those not familiar with the concept of One Chattanooga, it stems from the city mayor's vision that every resident can

thrive and prosper in Chattanooga. After taking a deeper look at crime and violence in the city, the mayor wanted more boots on the ground to address these issues and created the Office of Community Safety and Gun

Violence Prevention under the direction of Chris Sands.

The Office of Community Safety and Gun Violence Prevention utilizes robust programming and alliances with community partners to meet its goal of

decreasing crime and violence through the use of prevention and intervention.

In visiting with the members of the team, it's clear to see it is more than a job; it's a calling for all involved. Uniquely talented and extraordinarily dedicated individuals make up this impressively cohesive team, which is composed of victim service advocates, a community outreach coordinator, a public safety coordinator, a program manager, a community safety manager, a youth intervention specialist, and violence interrupters.

In developing a road map to ending through prevention and intervention, the team, in collaboration with other departments, initially canvassed the streets of Chattanooga for one year collecting data and making connections with communities.

What they found Chattanooga had a youth crime problem, so they started there. The "Every Child Initiative" was created to target youth aged 14-24 who are at risk for joining

> a gang or are already in a gang and work to deter them as much as they could through prevention.

The team recognized that to truly empower the at-risk communities, it had to look at the root causes of crime

and violence. Acknowledging poverty, fatherlessness, untreated mental illness



Mayor Tim Kelly, third from left, with the 423 Chain Breakers

and illiteracy all played a role in the genesis of crime and violence, committee members started engaging with the youth through various means. Counseling, teaching conflict resolution techniques, speaking about the importance of empathy, understanding, and peaceful coexistence, reading workshops, peerto-peer storytelling, grief sharing, skills training, job fairs and mentoring are all part of the tremendous programming offered to the youth of Chattanooga's most disenfranchised areas. Relevant programming is the key to giving at-risk youth opportunities for learning and skills development to help them break free from the chains of poverty and illiteracy. Chains that keep them bound to their current circumstances and at risk for perpetuating the cycle of criminal behavior and violence.

The number of prevention programs and exposure opportunities offered by the Office of Community Safety and Gun Violence Prevention are numerous and all encompassing. It's impossible to list them all and do each justice. "Walk With a Student" and "Fist Bump Friday" are two of the programs offered. "Walk With a Student" pairs an adult with an at-risk youth who walk and talk for just one hour a week for 52 weeks, one-onone, and may also include taking the youth on exposure trips such as touring a college campus or attending a business meeting. Some past participants have been gang members who had never been outside of urban Chattanooga. Success stories include individuals who joined the military, went to college or started a small business. "Walk With a Student" is a model of prevention programming that has been effective in drastically

changing the perspective and narrative of the at-risk young population of Chattanooga.

Since the inception this program, homicide crime has decreased 52%.

"Fist Bump Friday" is a type of storytelling program that takes place at Orchard Knob Middle School. It puts successful members of the community (council members, business owners,

doctors, lawyers, etc.) all of different races, in front of students to share their stories. Truancy rates are the lowest on "Fist Bump Fridays," indicating the youth are eager and hungry for this type of interaction and opportunities it may bring to them.

Regarding violence intervention, the department has victims' service advocates (VSAs) for those who have suffered an act of violence. Functioning similar to a case manager, VSAs not only offer support but also connect the dots of all the available resources for victims of violence. Keeping their fingers on the heartbeat of the communities served also allows the VSAs to effectively meet the needs, but also allows any concerns of potential impending acts of violence to swiftly be shared with the team to identify and enact prevention strategies.

When it comes to addressing crime and violence reduction, Chattanooga is leading the nation with its use of a unique and unusual workforce: former felons, known as "violence interrupters." The goal of violence interrupters is to do exactly what its name says: interrupt violence through prevention and intervention. Implemented in 2021 by the Office of Community Safety and Gun Violence Prevention, Chattanooga's violence interveners have come to be known as the "423 Chain Breakers."

The 423 Chain Breakers are a group of tremendously tenacious men who served time in federal penitentiaries, but rather than letting their past define them, they chose to return to their city and make a difference. These inspirational individuals have experienced firsthand the devastating consequences of violence, poverty, and a lack of education in disadvantaged communities. They were determined to put an end to this cycle and empower others to rise above their

> circumstances. What an ingenious way to address violence. Who better to have conversations with those who are about to make

One of the roles of

Violence Interrupter

is knowing how to

read a situation and

addressing it before

it transitions to

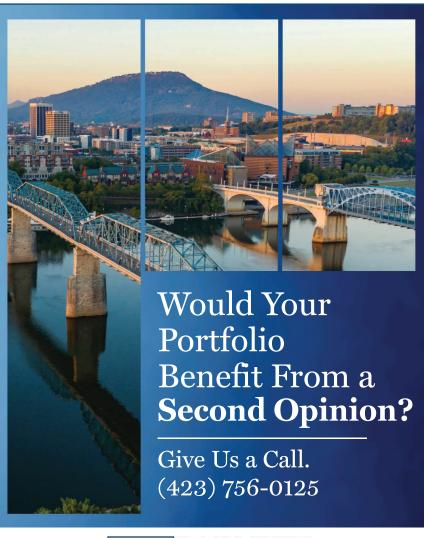
something else.

DYLAN BRYANT

a bad decision than those who have already been there and done that.

The 423 Chain Breakers work in the violent areas of Chattanooga known as Zone 3: Chattanooga, East Avondale Bushtown. Since inception, the 423

Chain Breakers have reached out to and/ or intervened with 5,352 individuals, both adults and youth. Over 2,784 Continued on page 19.



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into and hard to get out

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Breaking Chains cont.

Continued from page 18.

students have been mentored at Washington Alternative School, Orchard Knob Middle School, East Ridge High School, Red Bank Middle and High Schools, Tyner Middle and High Schools, Brainerd High School and CADAS.

Crime and violence stats have started trending downward with the work of the

423 Chain Breakers. From January to May 31 of this year alone, crimes against persons are down 37%, crimes against property are down 60% and crimes against society are down 56%. Unfortunately, despite statistics showing the 423 Chain Breakers are having success in reducing crime and violence leading to a safer Chattanooga, it is only an experimental program for now. The goal is for the program to become a permanent part of the Office of Community Safety

and Gun Violence Prevention; however, that cannot happen unless it is a part of the city budget. Currently the program is funded with grant money, which is a year-to-year prospect. All involved are hopeful it will be a part of the city budget by 2026, the year the current grant funding expires.

Despite being a young department within city government, the Office of Community Safety and Gun Violence Prevention has been received well and has become a credible resource for the Chattanooga Police Department, especially the 423 Chain Breakers. The Office of Community Safety and Gun Violence Prevention offers CPD another tool in the proverbial toolbox for addressing violence reduction through intervention and prevention. CPD is supportive of the Violence Interrupter program, developing a partnership with

rk of the program, developing a partnership with person

the 423 Chain Breakers to head

off potential problems and keep at-risk youth from landing in jail or worse.

Chain Breakers at Washington Alt

Breaking the chains of poverty, illiteracy and lack of opportunities in at-risk communities can only have a positive net gain for

Chattanooga and the greater Hamilton County area when it comes to crime and violence reduction. Good things are taking place in Chattanooga by people wanting and willing to make a difference. Consider being a part of the solution by helping to make it and keep it safer. Volunteering, donating or championing the efforts of the 423 Chain Breakers are all great ways to help the cause.

It just takes one moment to change a life for the good, and as long as a person has hope, he or she will make

it. The folks at the Office of Community Safety and Gun Violence Prevention are doing a whole lot of good: offering hope, healing, love and opportunities. They truly are change makers!

To volunteer with the Office of Community Safety and Gun Violence Prevention, call: (423) 643-7800.

To make a financial donation to the 423 Chain Breakers, Send a check to the City of Chattanooga via City Hall, 101 E 11th St, Chattanooga, TN 37402 with

"423 Chain Breakers" on memo line

JD Harper is a local author. GLINT, her debut novel, is set in Chattanooga amid its rich Civil War history and rock climbing

culture. You can email her at jdharper@ epbfi.com.

Meet the Office of Community Safety and Gun Violence Prevention Team:

19

Chris Sands

Director

Montrell Besley
Community Safety Manager

Dylan Bryant

423 Chain Breaker, Violence Interrupter

Jarmichael Caldwell

423 Chain Breaker, Violence Interrupter

Nate Carter

423 Chain Breaker, Violence Interrupter

Corey Craddock

423 Chain Breaker, Violence Interrupter

Ricky Harper

423 Chain Breaker, Violence Interrupter

Tommy Harper

Youth Intervention Specialist

Latasha Lindsey

423 Chain Breaker, Victims' Service Advocate

Deborah Maddox

Community Outreach Coordinator

Ruben Muriente

Program Manager

Troy Rogers

Public Safety Coordinator

Pamela Slack

423 Chain Breaker, Victims' Service Advocate

Travis Smith II

423 Chain Breaker, Victims' Service Advocate

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Game, Set, Match for Chambliss Center

The Chambliss Center for Children is not an orphanage, although it was originally a food and clothing pantry for orphaned girls in 1872. Almost 40 years later, the Vine Street Orphan's Home opened, and the name changed with the orphanage moving to its current location in Brainerd. Later, in 1946, Judge Alexander Chambliss, former city mayor and chief justice of the Tennessee Supreme Court, realized children were being removed from their homes, but had no place to go; the Chambliss Shelter began with a goal of caring for children during a very hard time in their lives.

No longer an orphanage, the



Margaret Nelson, front center in blue print, is surrounded by friends and family at the dedication of the Chambliss Center courts.

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Chambliss Center for Children still operates the original goal of caring for children and meeting them where they are. In 1969, it became apparent that 24/7 childcare was vital to working parents. In the case of inclement weather or holidays, for example, parents had no one to watch their children while they worked. Folks sign "rackets" Having hourly wages docked for Margaret at the could mean the difference between eating and not for

One hundred fifty-two years after its inception, The Chambliss Center for Children offers extended childcare around the clock, 24 hours a day. The building abounds with a plethora of art projects, story books and activities while outdoors there is a swimming pool, playground and lots of room for running around.

certain families.

There is also a need for improvements and updates in everything from the HVAC units to the roof of the building.

One issue that was recently addressed had to do with the grounds. Longtime board member Greyson Brown knew the CCC needed to raise funds to resurface the tennis court and basketball court. Both were used constantly by hundreds of children and were in a state of disrepair. Greyson and her husband, Tommy, lived next door to Margaret and Ward Nelson, and a light went off in Greyson's head; she immediately penned the following email:

"Dear Friends of the Nelsons,

Tommy and I were talking about the amazing year Margaret Nelson has had [as

she battles brain cancer] and how her faith and positive outlook have touched so many lives. She has a servant's heart, as we all know, and a soft spot for Chattanooga's children. We were wondering how we could honor her with something she would love.

> We received a call from the Chambliss Center for Children asking if we could help raise funds for the

resurfacing of their tennis and basketball courts for the hundreds of children who enjoy them each year. GAME. SET. MATCH! This is the perfect gift for honoring and celebrating Margaret as she approaches one year of turning a dark diagnosis into a light so bright it has moved us all.

Feel free to forward this letter if we have missed a friend of the Nelsons who would love to get the volley started!

Let's ace this!"

dedication.

All manner of folks were glad to pitch in and make a difference for the kids at the CCC. Surpassing the goal in a short time, the funds raised allowed both the tennis court and basketball court to be resurfaced and begin the summer in pristine condition, all unbeknownst to the Nelsons.

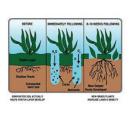
Both Margaret and Ward have served their share of aces in during their tennis careers, and can consider this one a love match – all the way around.

by Ferris Robinson

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In-Town Gallery Celebrates 50 Years

What do bell bottom pants, fondue, mimosas, and Gloria Gaynor have in common? They were a few of the big cultural influences in the 1970s and could even have been favorites of Chattanooga's art innovators at the time. In fact, the title of Goria Gaynor's anthem "I Will Survive" could have been their motto, though that might be stretching the comparison a bit.

The vintage building "between the bridges" continues to be home to the gallery today. The inclusion of fine crafts broadened both the membership and the variety of creative objects on exhibit. Today, there is a diverse selection of art in oils, watercolor, mixed media, and found objects; fine arts photography; ceramics; jewelry; small furniture and lamps; woven



Seated in front are Vivian Hixson, Billie Daniels and Jane Yelliott. Standing in back are Lessie McCay, Grethe Newman, Sandra Baker, Harriet Chipley and Carolyn Mullis.

Regardless, when these artists, lovingly dubbed the "daring dozen," decided to turn their vision into a reality, they must have believed that come what may, they would survive. In 1974, opportunities in Chattanooga for local artists to exhibit their work were limited at best, so Joan Clark from Lookout Mountain and Frances Hostetler of Signal Mountain, along with 10 of their fellow artists, decided to establish one.

In 1974, these 12 artists opened an art cooperative, known as In-Town Gallery, one of the first in the United States, in the basement of the Read House. As a cooperative, it was (and still is) jointly owned, operated, and staffed by the artists themselves. It was more than a place to exhibit; it was a commitment to their own creativity, to exposure for other artists, and to sharing their talents with the public. Fifty years later, they've not only survived. They have thrived.

September 21, 2024, marks In-Town's 50th anniversary and there will most certainly be a celebration.

But before we get to the party ... the gallery succeeded and as membership grew, it relocated twice, first to 718 Cherry Street, then in 1994 to 26A Frazier Avenue, early in the area's revitalization.

hangings and wearable art; encaustics and botanicals; fine crafts in wood and sculpture. This year, **Gail Rich** joined ITG as manager to provide direction in its activities and growth, adding live demonstrations monthly and featured artists shows on Wednesdays or Fridays, called "Art After Hours."

The anniversary celebration begins September 3 with a show of current members, many of whom are new to ITG this year, as well as a "special wall dedicated to the art of past members," which will be on display throughout the month. A reception for past and present members will be held on September 20.

On the official anniversary date, Saturday, September 21, the gallery will host an All Day 1970s-themed Party, not to be missed. In addition to new creations from the ITG artists and fine crafts people, there will be food, poetry readings, performance art, and music! Who knows, maybe a little Stevie Wonder, Bee Gees, or even Gloria Gaynor!

Further information and details will be available as the date approaches. Visit intowngallery.com, or find it on Facebook, Instagram, or call (423) 267-9214.

by Carol Lannon

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Offer These Four Simple Phrases

by Dr. Christy Bonner

When I worked as a hospice chaplain, I attended a continuing education event led by the famous palliative care

doctor, Dr. Ira Byock. He encouraged hospice professionals to use four simple phrases with our patients. He invited us to share with our clients the power and importance of these four phrases: "Please forgive me"; "I forgive you"; "Thank you"; and "I love you."

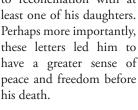
In my work as a hospice chaplain, I would often invite my patients and their family members to say these words to one another. I have realized these four phrases are not just important to say to people who are dying, but are words we need to practice saying and living in the rhythm of our everyday lives.



I once had a hospice patient who served during the Vietnam War who was dying of cancer and was disconnected from all five of his children. I visited this patient more than 10 times, and he talked to me about the trauma he experienced in the war, which subsequently led to addiction, anger issues, PTSD, divorce, loneliness, mental illness, and other issues that he believed were all rooted in his experiences in Vietnam.

During one of our visits, I asked him if he would like to write a letter to each of his children asking for forgiveness for specific ways he had let each one of them down. To my surprise, he decided to send each of his children a letter expressing his need for forgiveness. It was many years ago that I transcribed the letters for this dying Vet, and so I can't remember precisely what he said to each of his children, but

> I do know the letters led to reconciliation with at least one of his daughters. Perhaps more importantly, these letters led him to have a greater sense of peace and freedom before





A little over 30 years ago, apartheid came to an end in South Africa.

The word apartheid means apartness. Apartheid was a system keeping white people in South Africa separate from those who were not white. Remarkably, apartheid's end was not followed by vengeance towards those who were responsible for the racial disparities. The late Archbishop Desmond Tutu was among the Black leaders who opted for reconciliation with the supporters of apartheid, instead of pursuing retribution.

Desmond Tutu grew up during the reign of apartheid. When he was a young boy and was out walking with his mother, he was surprised when a white priest took off his hat as a sign of respect to his mother, who was a Black woman. That sign of love gave Desmond a glimpse of what a world without apartheid could look like.

I also think it is important to say that forgiveness does not always necessitate the reconciliation that Tutu advocated for. Obviously, it is wonderful

when reconciliation is possible, but sometimes emotional, when physical, abuse has occured, reconciliation may not be the best option.

Desmond argued that we practice forgiveness because we are all flawed and in need of grace. In my own life, I seek to practice

forgiveness because it is a practice that releases the anger and the metaphorical weight I am holding in my body. As Lewis Smedes said, "To forgive is to set a prisoner free and discover that the prisoner was you."

Thank You

I once had a hospice client who was always so appreciative of my visits to his home. This client was a man in his 90s and he always would profusely thank me for my visits. This sweet dying man was not only thankful to me, but he also was very grateful for the life he had with his wife, who had died many years before I

During one of my visits with this patient, he asked me to look through a big box of old pictures with him. Many of the pictures were from his wedding and honeymoon. As he looked at pictures of his wife, I could see the reverence and

Continued on page 23.





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Four Phrases cont.

Continued from page 22.

respect he had for his her. He reminisced about being a newlywed and what a special time this was in his life. My patient was emotional as he spoke about his gratitude for the life he had with his other half. As I look back on my visits with this gentleman, who I believe is now reunited in heaven with his beloved wife, it occurs to me that this man made an impact in my life not only because his gratitude to me for my visits was life-affirming, but also because he was able to express thanks in so many ways for the gift of his wife and life

In my own marriage, I have noticed the power saying thank you has in our relationship. I feel seen and valued when my husband thanks me for something I have done. I believe gratitude is a practice that could put couple therapists out of a job. If we all could thank our spouses, friends, family members and colleagues daily, just imagine how all these thank yous would change the landscape of our lives and the world we live in.

I Love You

In my previous work as a chaplain and in my current role as a therapist, I have worked with many clients who have shared the pain of a parent or loved one who either rarely or never uttered the words, "I love you." Children who do not regularly hear these words can have trouble with forming healthy attachments, and they usually struggle with self-esteem issues. On the other hand, when we hear the words, "I love you," we feel like we matter and this feeling of being seen and

loved makes it easier to love and trust our friends, family, partner, and coworkers.

I believe it is important to remember that there are a multitude of ways we can say these three little words. I had a friend in college who often told me, "I'm proud of you." Because my friend said these words with sincerity, these words always meant so much to me, and my friend's words still linger in my heart today.

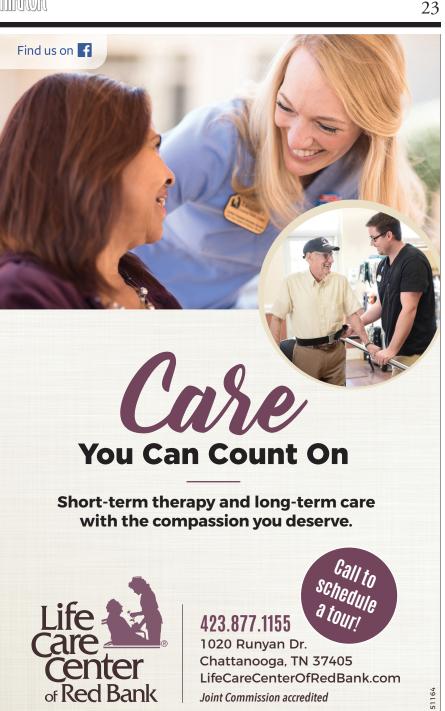
Gary Chapman's argument for five love languages reminds us we don't only say I love you through words of affirmation, but we also express love through touch, quality time, acts of service, and gifts. It is important to learn how we prefer to give and receive love and also how the people in our lives need to be loved, so we can offer love in a variety of ways.

These four simple phrases have the power to change us, the people in our lives, and the world. I implore you to etch these words in your heart, speak these phrases out loud, and live them through your actions.

Please forgive me. I forgive you. Thank you. I love you.

P.S. Don't forget that we can offer these simple phrases to ourselves as well. It is important to internally practice gratitude, forgiveness of self, and words of self-love.

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The Perfect Pairing



It's September, and that means football games and tailgate parties, or maybe an afternoon at your favorite bar watching the game. Whatever the scene, buffalo wings are often front and center.

While many think of beer as being the No. 1 choice for sipping with wings, consider a change of drink and try your wings with a glass of Pound for Pound Zinfandel. The fruity flavors marry perfectly with the bold taste of saucy wings.

Wine and wings are not exactly a common mental image. But believe it or not, pairing wine and wings is a challenge you need to take on. Why? Because it's delicious.

The only problem you'll encounter is sticky sauce-covered wine glasses. But, whoever is willing to share this level of social awkwardness with you is a friend worth keeping. Also, this is what hand wipes are for.

As a general rule, you've probably heard the prevailing wisdom that white wines go best with chicken or fish while a big juicy steak's ideal partner is a fullbodied red. Now that's a great starting point but not the be-all and end-all of what to drink with your animal proteins.

With chicken, there's the dark meat versus the light meat. The white meat does work really well with white wines like sauvignon blanc chardonnay. Darker meat from the wings, thighs and legs, on the other hand, have the ability to stand up to medium-bodied reds like a really good zinfandel like Pound for Pound 2020, a California vintage that's part of the Hard Working Wines series from winemaker McPrice Myers. This one will make wings fly off

Nothing beats a big messy platter of wings, other than the right wine to wash them down.

the platter.

Tasting notes: Pound for Pound is a well-balanced zin with a deep ruby color that dances around the palate with fruity notes of boysenberry and apricot, but also an earthy, smoky aroma. It's really quite nice.

Food pairing: A good, jammy zinfandel goes nicely with an assortment

of cheeses, so is a good choice for your charcuterie tray. But its spicy nature also makes it a good choice for burgers, lamb, pork - and wings!

Easy Buffalo Wings

- •3 pounds chicken wings, wings and drummettes split, wingtips removed
- •1 Tbsp. baking powder
- 1 Tsp. sea salt
- 2 Tsp. garlic powder

Buffalo Sauce:

- 1/4 cup unsalted butter, melted
- 1/4 cup Frank's Red Hot Sauce
- 1 Tbsp. sugar or brown sugar

Thoroughly pat dry the chicken with a paper towel. Preheat the oven to 450 degrees. Line a rimmed baking sheet with foil and place a wire rack over the pan. Combine the baking powder, salt and garlic powder in a bowl, and sprinkle over the chicken and toss to combine. Arrange chicken on the prepared wire rack. Bake the chicken for 25 minutes, flip it over and bake for another 25 minutes or until crisp and cooked through.

In a medium-size bowl, combine sauce ingredients. Remove chicken from the baking sheet to a bowl. Drizzle the sauce over the chicken. Toss to coat the chicken in the sauce. Serve with your favorite dipping sauce, but when pairing the wings with zinfandel, blue cheese is a given.

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Reflecting on Food: Braised Pork Chops

by Anne Braly

It was a crisp fall evening in my early days of journalism at the *Chattanooga*



Times Free Press, and with three young daughters, the thought of some free time during some pressing deadlines was a rarity. But it did happen on occasion, so in my small kitchen on Lookout Mountain, I often spent whatever free time I had experimenting, puttering and, naturally, nibbling, along with my three little helpers.

One afternoon on the way home, I remember stopping at the Red Food Store on Broad Street - that takes us back a little, right? Pork chops were on sale, so I picked some up and made the trek up the mountain.

This was when my cookbook collection consisted of a 1980s copy of "Joy of Cooking," "Charleston Receipts," and an old worn-out copy of "From Julia Child's Kitchen." Maybe there were a couple more, but that was about it. Nothing compared to the voluminous cookbook library I have today.

A quick look through one of those - who knows which one - turned up pork chops with apples baked on a bed of sauerkraut. An interesting idea, and though my children wouldn't touch the

sauerkraut, I knew they'd enjoy the pork chops and apples.

It was soon in the oven, and I settled in with a glass of wine and the occasional interruption of someone needing help with homework.

Not every experiment in that little kitchen had such a happy ending. But after four decades and, admittedly, a few culinary disasters, I still go back to this dish, especially in the fall when apples are in season and the thought of the season of comfort food is tugging at my soul.

Oven-Braised Pork Chops with Apples and Sauerkraut

This recipe is easily doubled for four.

- 2 (1-inch-thick) center-cut pork loin chops
- Salt and freshly ground black pepper
- 2 thick-cut slices of bacon, diced
- 1 small yellow onion, diced
- 2 medium tart apples such as Winesap or Granny Smith, washed, cored, peeled, and diced
- 3 cups sauerkraut, rinsed and drained
- 1 Tbsp. light brown sugar
- 1 Tbsp. Dijon mustard
- 1/2 cup semi-sweet white wine, such as Riesling



Position a rack in center of the oven and preheat it to 350 degrees. Wrap the pork chops with paper towels and pat them dry. Unwrap and season them well with salt and pepper.

Sauté the bacon in a heavy-duty skillet

over medium heat until golden brown. Remove it with a slotted spoon and drain it on paper towels. Add the chops and brown them well (about four minutes per side). Remove them and spoon off most of the fat.

Add the onion and sauté until translucent and golden, about five minutes. Add the apples and toss until hot through. Pour in the wine, stirring and scraping pan to loosen the cooking residue, then mix in the kraut, brown sugar, mustard and reserved bacon. Season with pepper, to taste, stir well, and level

the top with a spatula. Lay the chops on top, cover tightly, and bake in center of the oven until the meat is cooked through and tender, about one hour.

Uncover and let them rest for 5-10 minutes before serving. Serve hot.

Have You Made One of These Recipes? Let Us know!

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Visit This Dutch Gem: Nijmegen

Driving south from Amsterdam toward the city of Nijmegen, you'll pass through a bucolic countryside of green pastures, cows, horses, and farmhouses. It's a peaceful scene that contradicts the tumultuous past of the 2,000-year-old city that lies ahead, the oldest in the Netherlands.

Now a vibrant, beautiful city of roughly 170,000 souls and home to Radboud University, one of the largest in the country,

several manufacturing plants, retail shops, restaurants, and modern housing, Nijmegen's past includes invasions from the Romans, Germans, French, Vikings and others all fighting for the city's strategic location on the Waal River, a tributary of the Rhine.

An Eclectic Blend

The city is an eclectic blend of architecture and culture, a heterogenous town that doesn't take for granted the role its past played in making it the city it is today.

The Netherlands is a small country about the same size as Maryland. So you can spend a week driving around and see most of it, but plan on spending a night or two in Nijmegen.

As you hopscotch around, learn about its history, first settled by a West-Germanic tribe around the year 100



B.C., in this modern-day city.

A Look Back in Time

There are several museums in Nijmegen that take visitors into another world. In the late 1800s, the city created a lovely park on a quiet hilltop that, centuries ago, was the location for Kasteel Het Valkhof.

Now in ruins, the castle was built by Charlemagne in the year 777. It was partially destroyed by Vikings in 881, and restored by Holy Roman Emperor Frederick I in 1155 before being destroyed once and for all in the late 1700s by the French.

Only a shell of the former palace remains, but next to it and still standing is the small, octagonal Chapel of Saint Nicholas, circa 1030, open daily except for Mondays.

The town center in Nijmegen has

buildings dating back to the 16th century, such as De Wagg, a popular restaurant where tables outside are the best seats in the house on a nice evening.

Stones from Roman buildings, unearthed during the chapel's construction, were used in the walls and can be seen today. Just ask one of the volunteer guides to point them out.



A family looks at the skull of a wooly mammoth that once roamed the area around De Bastei, a museum of nature and culture.

be incorporated in the design.

The result is a museum that takes you underground, partially through some of the ancient tunnels, and offers an education into the city's past, including ancient walls, wells and the skull and tusks of a wooly mammoth that once roamed the land.

Upper floors above ground show the



The town center in Nijmegen has buildings that date back to the 16th century.

Adjacent to Valkof Park is Museum Het Valkhof, a museum filled with archeological artifacts from the days of Roman occupation to more "modern" times, including artwork from the Old Masters onto works of art from today's Dutch artists.

Unfortunately, the information cards next to the exhibits are in Dutch, but with your 12.50 euro fee comes a walking tour pamphlet in English.

De Bastei Museum

When construction began for a new museum for nature and culture, De Bastei, at the bottom of Valkhof Hill and on the banks of the River Waal, workers discovered ancient Roman walls, tunnels, and more artifacts.

After consulting of all those



Visitors to the Valkhof Museum study an ancient Roman column that had been buried for centuries deep beneath Nijmegen.

concerned with the construction of the museum, it was decided that work would continue and the traces of more than 2,000 years of Nijmegen history would

area's flora and fauna.

A family looks at the skull and tusks of a woolly mammoth that once roamed the area at De Bastei, a museum of nature and culture.

"Just pick up a shovel and dig and you'll find 2,000 years of history in this city," says **Joost Wennink**, a volunteer guide at Nijmegen's History House.

Rebuilding the Town from U.S. Bombs

World War II was a turning point in the history of Nijmegen. Throughout its years near the borders of Germany and France, it's often been a target of foreign occupation.

But never did it suffer such devastation as that which happened on the afternoon of February 22, 1944. Whether it was by mistake or some sort of secret mission gone wrong, the city was bombed by friendly fire - from the Americans.

Rather than bombing the railroad yard, which would hamper German control of Nijmegen, the central city became a mistaken target. Hundreds of buildings were destroyed, creating a huge void in the center of the historic town.

This, in turn, has had interesting architectural consequences, with ancient churches, such as St. Stephen's Church and the Marienburg Chapel, home to the History House, circa 1431, juxtaposed with modern establishments. For example, a TK Maxx, the European version of TJ Maxx, will open soon across from 17th-century buildings fronting the town center.

They'll Never Forget

Though Americans mistakenly *Continued on page 27.*



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Nijmegen cont.

Continued from page 26.

bombed Nijmegen, they were also part of freeing it from German control just seven months later. Making a bold daylight move, 700 soldiers bravely crossed the River Waal just a few kilometers from the German border.

Their boats were flimsy, and, on the opposite side of the river were the Germans, picking them off like sitting ducks.

Forty-eight American soldiers lost their lives that day and are now remembered with a daily bridge crossing by Dutch soldiers, either active or veterans. Private citizens of Nijmegen also take part in the daily crossing when they're in the area.

A new bridge, De Oversteek, which translates into "The Crossing," was completed in 2014, connecting the old city with the rapidly growing new sections of town.

Every night at sundown, rain or shine, 48 lights come on in slow succession. One after another the lights light up the bridge, honoring the 48 dead, as a single soldier, or multiples, walks slowly beneath.

The walk culminates in a salute of remembrance at a monument on the ground below the bridge, bearing the names of 48 soldiers from Massachusetts to California, Florida to Delaware and Texas to Washington State.

"We'll be here every day," says Regimental Sgt. Major Cor. **Van Sen Dungen**. "Those 48 Americans gave their lives. We can give them a few minutes of our time every day."

You can find more information at www.europeremembers.com and www. liberationroute.com.

Eating Out in Nijmegen

"There really isn't such a thing as 'Dutch' cuisine,'" says **Wilma Tielbeke**, office manager of Arsenal 1824, a former city arsenal that's now home to two restaurants, the modern, hip Grand Cafe and an adjoining restaurant with a more laid-back vibe.

Due to the crossroads of cultures that call the country home, many different foodways have entered the Netherlands. You'll find chicken satay, a Maylasian dish, on restaurant menus next to croquettes, which originated in France, and cheese toasties and pea soup, both Dutch favorites.

The repurposing of old buildings is of note in other city restaurants, as well. De Wagge, built in the 1600s as the town's butter-weighing station, is now a restaurant serving steaks, ribs, and seafood on the town square. Note the original scales overhead as you dine. Butter was weighed here, as were cheese and other agricultural products, so it could be taxed and prices could be established.

Do You Want Fries with That?

Both restaurants at Arsenal 1824, as do many restaurants in town, offer a mix of flavors, from an American burger to steaks, nachos, spare ribs, and fries, the latter of which you'll find as a side dish with almost every entree in the

Netherlands.

You'll need to ask for ketchup, though. In the Netherlands, as in most European countries, fries are best dipped in mayonnaise.

Eat Your Fill

You won't go hungry in Nijmegen. Restaurants line the old streets. Prikkels, located on the bottom floor of a boutique, five-room hotel by the same name, is a popular place for breakfast - and servings are generous, starting with freshly squeezed orange juice before a board of bread, cheese, granola, and yogurt arrives at your table.

Prikkels has an interesting history as it marks the place where construction began following the bombing of the city in World War II.

"It's the border between old and new Nijmegen," says hotel owner **Michiel Vries**, who also owns the sister Hotel Linnen, once the offices for the Allied Forces during World War II.



The surf-and-turf is a favorite at Arsenal 1824.

Other good choices for dining are Parkzicht across from Valkhoff Park; Blonde Pater; and New Dutch Streetfood in the Marikenstraat outdoor "mall." Whatever your palate demands, you'll find it somewhere around the city - even KFC and McDonald's, if you must.

Getting Around

You can easily travel to Nijmegen by train or car from Amsterdam's Schiphol airport and its attached mall of hotels, restaurants and retails shops - convenient if you need to pick up any items you may have forgotten to pack.

It's also the place to rent a car or hop on board a comfortable train - destination Nijmegen, about 125 kilometers (about 77 miles) south of Amsterdam.

As with most other cities in the Netherlands, the easiest way to get around Nijmegen is by bicycle, and you'll find several places for bikes for rent. Check with your hotel for arrangements.

Bring Your Walking Shoes

The most convenient way to get around the city, though, is on foot, so bring your walking shoes and get some exercise. The town is small enough that walking is a wise mode of transportation.

Park your car in one of the convenient city lots. For the most part, the city is flat and walking is easy.

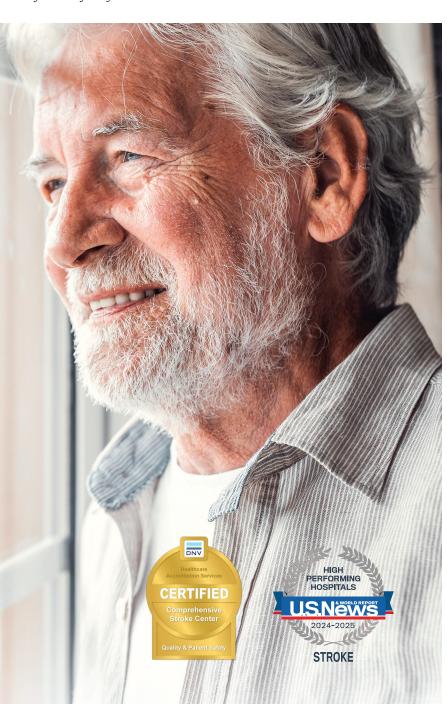
by Anne Braly

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Alumni Recall Old Bright School

For the last 60-plus years, students at Bright School have experienced a North Chattanooga campus with mid-century features, several modern additions, and a classic-style colonnaded entrance.

But for those who attended the school when it was on Fortwood Street, it was a different-looking 1920s-era building designed by noted local architect R.H. Hunt and with a 1950s addition. But it had some similar traditions and even names of rooms that the later school

An example of the latter was the King Room, which also became the name of the gym and later the library in the newer school. "I remember the gym (the King Room) that was a newer addition where we would go for recess when

the weather was bad," said Louise Chamberlain Tual, a member of the class of 1963.

discussing While the auditorium that could have been a description of the one at the current school, Henry Aldridge, a member of the class of 1955, added, "We had a nicely equipped stage that had a curtain and a rehearsal area. We did plays there."

As the second of a two-part look is taken at the history of the now-razed Bright School building on Fortwood Street that was later taken over by City College and then UTC before being torn down, Ms. Tual and Dr. Aldridge offered several positive and detailed memories. In fact, Dr. Aldridge could still vividly recall the layout of the building nearly 70 years later. He remembers the outside playgrounds to the sides with pea gravel and swings where football and softball would be played, although the fifth and sixth grade boys would go to the University of Chattanooga's nearby Chamberlain Field to practice football. Miss Bright's dog was also kept in a fenced-in area in the back.

The building itself was three stories, he added, with the first or ground floor featuring the kindergarten, manual training and music rooms, and second

"On the west side was the first grade, and Miss Bright's office was on the east side," Dr. Aldridge recalled. "The third and fourth grade classes were also on that hall, and you went straight through to the auditorium." There was also the cafeteria there. The second floor could be reached by going into the canopycovered front door and walking up some stairs, he added.

"At lunchtime, they opened folding doors on the Fort Wood (Street) side and that's where the kitchen was and the cafeteria line, and they would put out long tables and chairs," Dr. Aldridge

On the top floor was the sixth-grade class and the residential area where Miss Mary G. Bright and teacher Miss Margaret Ellen McCallie lived with their own rooms, Dr. Aldridge said.

The older students got to occasionally visit the apartment. "You can imagine the view from there," he recalled. "You could see almost the whole cityscape. And it was filled with beautiful antiques."

Another key person in operating the building, he said, was a janitor named Henry. Henry was kind of an unsung hero whose job also included driving Ms. Bright and Ms. McCallie in a Chrysler kept in a garage on the Fifth Street side of the school.

"He showed up and did everything," Dr. Aldridge recalled. "He set up the movie projector (for school movies) and did the sets for the plays."

A special memory Dr. Aldridge has of the building was during Christmastime, when Miss Bright would cover the building's large windows with paper drawings of stained-glass windows, perhaps done by former art teacher

Frank Baisden. The students would also perform the play,

> And on the last day before school would break for the holidays, the choir of fourth, fifth and sixth grade students would sing "The First Noel," with Dr. Aldridge once getting

"Why the Chimes Rang."

to sing a solo. Miss Bright would also have a large tree put up behind some closed curtains, and the students would gather,

including those scheduled to begin attending school the next year.

"She would ask them to investigate, and a curtain would open, and Santa Claus would pop out, and there would be a gift for every child in the school," he "Miss remembered. Bright knew how to do Christmas very, very well."

Dr. Henry

Aldridge

Dr. Aldridge, who went on to graduate from McCallie in 1961 and became an electronic media and film studies professor at Eastern Michigan and the organist at the Michigan Theatre in Ann Arbor, also got a better peek into the life of Miss Bright because of where he lived. He would walk to school early every morning from the nearby Alberta Apartments on Houston Street and be welcomed in a way that continued the hospitable environment.

"It was pleasantly welcoming with rules you followed," he said of the overall school. "It was serious. Miss Bright was a very gentle and kindly, but serious, lady. And all the teachers were like little old

Among his other memories are of the surprise fire drills twice a year. There was no electrical bell system in the building, so Miss Bright would ring a bell she had, and everyone had to go outside, where the fire marshal was waiting.

Also, every year after the Bright School picnic at Warner Park, a class picture would be taken on the steps in front of the school, he said. He also remembered taking part in another picture when the school was breaking ground for an addition, although he would graduate before it was completed.

Louise Chamberlain Tual began attending about when the addition was new, and she remembers several interesting features, including the King Room named for two alumni brothers who had died before reaching middle

"That was a newer addition where we would go for recess when the weather was bad," said Ms. Tual, who went on to become the May Queen of Girls Preparatory School in 1969 and later settled in Memphis. "There was no basketball in the King Room. It was just a big room, and Miss Bright thought the purpose of it was to play and use your

Ms. Tual also remembered that the school had some gym rings where one could pretend to be Tarzan and swing from one to the other.

She also recalled that the third grade room had an interesting loft library. "You would climb the ladder, and it was a library for kids," she said. "It was where I discovered a love of books. It was a cozy reading nook for kids."

Ms. Tual also recalls the basement room with red linoleum floors where she attempted to take naps as a kindergartener. She recollects the morning rides with her ear, nose and throat physician father, Dr. Douglas Chamberlain, going home to Lookout Mountain via the Incline Railway. During her days at Bright, she got to make shelves as a sixth-grader in

> manual training using a table saw and created a small

rug with a loom in Ms. **Jackson**'s art class.

continued for the students over the years, but eventually changed in location. During her last few months of school in 1963, the move

was made to the new location. As a result, Ms. Tual was part of the first class to graduate at the current campus.

She admitted not paying that much attention to the more expansive and modern digs like the parents and staff would have. But she remembers the new courtyard/quadrangle, which they did not have at the old school, and graduating from the new auditorium

But Ms. Tual's greatest memory seems to be of the old school and its leader before the retiring Miss Bright was replaced by new school head Dr. Mary Dalton Davis in 1961. As an example, she has not forgotten Miss Bright's eyes that required glasses. "Her vision must have been bad," she recalled. "She wore wire-rim glasses, and they made her eyes big and brown. I occasionally had to go to the principal's office, but she was really sweet. She didn't look threatening

The Fort Wood building would later be used by City College, and then by UTC for administrative and campus support offices. Dr. Aldridge later had a chance to go in the structure with his daughter not long before the building was torn down in the early 1990s.

> "We walked in and one of the guys Continued on page 29.

Many experiences

Louise Tual and husband Blanchard

Should You Open Roth IRAs for Your Children?









by Tom Eddy CFP® and Scott McDonald UBS Financial Services, Inc.

Scott McDonald, Tom Eddy, CFP[®], Peterson Hostetler, Jeffery Wiese, CEPA, CFP[®]

Is your child mowing lawns, babysitting, or selling lemonade this summer? If so, you may want to help them contribute to a Roth IRA, using their earnings to get a powerful head start on saving and investing in a tax-exempt investment account.

Here's How The Process Works

First, open a Roth IRA on behalf of your child, and fund the account using their annual earned income, up to the annual contribution limit (\$7,000 for the 2024 tax year). In general, your child will not owe federal income taxes if their income is less than the standard deduction (\$14,600 for the 2024 tax year). Contributions can even be made as a gift from you to your child, up to the amount of their earned income (and not to exceed the annual contribution limit

mentioned previously).

Next, invest the funds for long-term growth potential. Once the funds are in

growth potential. Once the funds are in the Roth IRA account, the investments will grow tax-free. Roth IRA contributions can generally

Roth IRA contributions can generally be taken out without penalties and taxes at any time, while earnings taken prior to age 59 1/2 are generally both taxable and subject to a 10% early withdrawal penalty. Although Roth IRA account balances don't generally count as assets for financial

aid programs, withdrawals (including taxgrowth and the importance o

aid programs, withdrawals (including taxfree withdrawals of contributed funds) usually need to be reported as income on the Free Application for Federal Student Aid (FAFSA), which can affect financial aid eligibility.

A single \$7,000 contribution to a Roth IRA at age 10 could grow to around \$289,000 by age 65. With just a few summers' worth of contributions, your child could easily accrue over \$1 million of retirement savings by the time they reach retirement age. In addition to the explicit value of tax-free growth, your child's Roth IRA can also be a great way to teach them about the value of compounding

growth and the importance of saving and investing.

To learn more, and to get started with the account opening process for a Roth IRA for your child, we recommend reaching out to your financial advisor.

If you are looking for other smart financial planning ideas to consider, we also recommend that you check out our *Seasons of Planning* report.

For information about the differences between Roth and traditional retirement accounts, including the various strategies to add more Roth dollars to your balance sheet, please see our report, *Traditional or Deals*

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Alumni Recall Bright cont.

Continued from page 28.

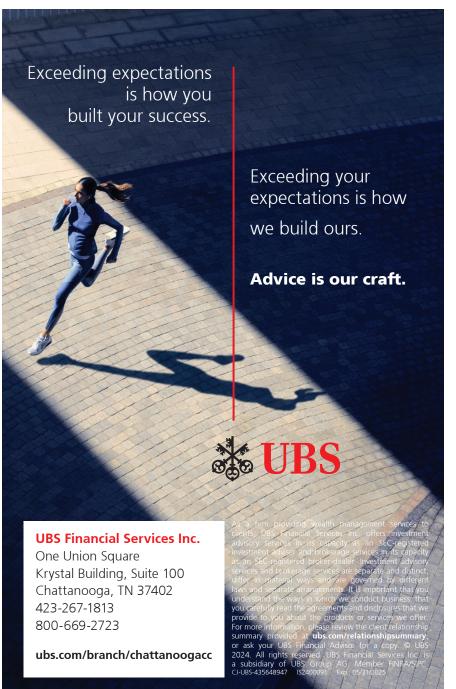
there says, 'Every day we have someone from Bright School wanting to see it,'" Mr. Aldridge recalled with a laugh. "I showed her around and it didn't look run down. The classrooms had been turned into offices or storage, and the auditorium was still there."

Plenty of tangible signs still remained of this woman who had bad vision in a physical sense but good foresight educationally. And despite its later razing, memories of her and the old building still remain vividly clear in the minds of a few alumni still living, as well.

by John Shearer

As a firm providing wealth management services to clients, UBS Financial Services Inc. offers investment advisory services in its capacity as an SEC-registered investment advisory services and brokerage services in its capacity as an SEC-registered broker-dealer. Investment advisory services and brokerage services are separate and distinct, differ in material ways and are governed by different laws and separate arrangements. It is important that clients understand the ways in which we conduct business, that they carefully read the agreements and disclosures that we provide to them about the products or services we offer. For more information, please review the PDF document at ubs.com/relationshipsummary.

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with his grandchildren; Bentley,

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Tennyson Named GPS Athletic Director

When GPS student-athletes return to campus this fall, they'll be welcomed by three key women new to the school's athletic program. Recent national searches resulted in the hiring of Allie Tennyson as director of athletics and strategic partnerships, Laura McIntyre as associate athletic director for operations and head varsity lacrosse coach, and Allison Engel as director of tennis and racquet sports. Janna Eichelberger continues to serve as assistant director of athletics and head varsity basketball

Tennyson says leading an athletics program at an independent girls' school provides the opportunity to return to a philosophy that proved formative to her own life. Prior to her role as director of athletics at Bishop Lynch High School (Dallas, Texas), the state's largest coeducational private high school, she worked in wellness and admission at her alma mater, Ursuline Academy (Dallas), an independent girls' school, where she also coached their soccer team to two consecutive state championships. "Attending a girls' school was a transformational experience for me," Tennyson says. "I've been yearning to get back and give back to the all-girls experience."

Tennyson holds a masters of educational leadership from University of Notre Dame and a BA from The Pennsylvania State University (Penn State), where she also competed on their nationally ranked women's soccer team.

"As an elite athlete, Allie has carried the lessons learned on the field and applied them to building successful athletic programs," says GPS Head

of School Megan Cover. "She is highly relational and understands that connections are a priority for girls in athletics."

Laura McIntyre comes to GPS from the college athletics arena, as both a player and coach. While a student at Gettysburg College (Pennsylvania), she played both field hockey and lacrosse for four years, winning the NCAA Division III Lacrosse National Championship her senior year as goalie under

the leadership of Carol Cantele, a nationally recognized lacrosse coach. Most recently, McIntyre served as the inaugural head women's lacrosse coach at California Lutheran University, where she built their program in a market in which the sport is viewed as nontraditional. In 2024, she was named the Southern California Intercollegiate Athletic Conference Coach of the Year and served as the NCAA Compliance Officer, working with over 500 studentathletes in 22 varsity sports. In addition to building on the success of GPS's lacrosse program, McIntyre will support the day-to-day operation of the school's athletic program.

"I want our girls to know about opportunities for success available to them beyond high school," McIntyre says. "Whether they participate at the college level or in club or rec, if they're willing to put the work in, they can enjoy competing beyond GPS." She looks forward to transitioning to the independent school environment and



Allison Engel, Allie Tennyson, and Laura McIntyre are the newest members of the GPS athletic program.

parlaying her counseling degree to positively influence girls. "There's a huge opportunity here to have a greater impact on our area's youth and not just one team," she adds. "I love the GPS environment and the mentor component that's already present with our coaches."

Allison Engel looks forward to working with the current tennis coaching staff, including Sue Bartlett, who built the GPS tennis program and will remain as head varsity coach and tennis professional. Engel most recently organized and taught tennis and pickleball at Westwood Club, a member-owned private racquet club in Richmond, Virginia, and worked for 10 years as a middle school Spanish teacher. A graduate of the CRSE program (Certified Racquet Sports Executive), she also holds certifications through USPTA (Tennis and Platform), PPR (Pickleball), PCR (Padel), and ITPA (Fitness).

While data from the Women's Sports Foundation shows that girls start playing sports at a young age as do boys, by age

14, girls drop out of sports at twice the rate of boys. A key factor is lack of access. "At GPS, girls have all the access," Engel says. "So whatever path they choose, they can continue to learn valuable life skills such as teamwork and navigating relationships."

Tennyson says GPS is uniquely positioned to lead and support female athletes in Chattanooga. "At a girls' school, students can look to their right and left and see their peers doing the same

thing that they're doing. We encourage girls to build each other up." She is also eager to reach beyond campus and seek connections in our community. "I can't wait to get people on campus and see how our programming offers the best opportunities and interactions not only for girls but also their families."

'We have the facilities, the equipment, and the coaches to build leagues and expand our camps and clinics to bring more people to campus," adds Eichelberger, who was also a college athlete and coach.

"I want our athletes to leave GPS having had an adult who has impacted them positively and given them skills for a lifetime," Tennyson says. "Our young women need that for their future."

With experienced and talented leadership in female athletics, GPS is uniquely positioned to best serve the girls in their athletic pursuits while teaching them lifelong skills such as collaboration, time management, discipline, and sportsmanship.

Tyler Stinnett Named Director of Major Gifts

Tyler Stinnett '00 has been named Baylor's Director of Major Gifts and Stewardship, bringing extensive experience in sales, client management, and business development to the role. The Lookout Mountain native is the son of **Cheryl** and **Don Stinnett**, who served as commissioner of LMS for many years.

Most recently, Stinnett served as director of collegiate partnerships with RECUR and led its collegiate division

and business development initiatives to grow the NFT/ web3 category in the collegiate space. Prior to that, he helped build a start-up company called Dyehard Fan Supply, a subsidiary of Teall Capital, where he was also a member of the leadership team and a shareholder. As regional vice

college Before the years on the agency side with

Tyler Stinnett

president, Stinnett provided strategic direction and oversight to 10 college properties and supported all business development efforts to grow the partnership portfolio for Dyehard. Dyehard venture, Stinnett spent 13

CLC (a subsidiary of Learfield) as director of partner services managing SEC and ACC partnerships.

Stinnett earned a B.S. in business management and a M.S. in sports management/business administration from the University of Tennessee.

He and his wife, Kathleen Farr Stinnett '01, have two children, Margaret and Carter.



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An out-patient physical therapy clinic is now open in the town center of Lookout Mountain, TN.

Logan graduated with his Doctorate in Physical Therapy from The University of Tennessee Health
Science Center and lives on the mountain with his wife Haili and two sons, Walker (3) and George (3 months).

Logan has been treating in the outpatient setting for the last 8 years of his practice.

Logan has always had an entrepreneurial passion along with his desire to provide the

Lookout Mountain community with easier access to physical therapy services.









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Renovations, Pruning and Landscaping: Part Two

James Craig's craft is based on the foundation of the nearly-extinct method of pruning bushes, shrubbery and small trees by hand, which has honed his reputation of uncovering a natural look in lieu of the shock of the "buzzed to death" look left in the wake of electric, gas or battery-operated machinery (any one of which would surely render Edward Scissorhands prostrate with grief).

My wife, Carter, an interior designer, was admiring the incredible dexterity, strength and grace with which James' son Jay, the trapeze artist ascending the trees with a boost from his tree-climbing spikes, arrayed in all his cool gear including carabiners, climbing harness/arborist saddle and a chainsaw on a rope swinging freely from his harness, sawdust flying amid what appeared to be a chaotic mass of colorful, dangling (seemingly tangled and impossibly intertwined) ropes, this was, in fact, a carefully orchestrated, elevated ballet of a skillful arborist confidently removing six-foot sections of trees step by step, section by section. We commented on his confident daring, in the face of imminent danger and disaster,



to which James dead-panned, "You know we used to have this ol' boy who pruned for us, and he'd be real quiet while he climbed to the tops of the trees. Once he got to the top and got goin' 'bout his bizness, he'd be singin' church hymns up there. When he got back down safe and sound on the ground in one piece, he'd bust out singin' honkytonk songs!"

On the last day of the job, during which time James and his crew had pruned several trees and removed about seven more, they were picking up and removing logs with a Bobcat skid steer excavator with a grapple bucket (easy for me to say) when Carter asked James if she could test her driving skills in that Bobcat, and he happily agreed. After indulging his new little blonde Bobcat-driving designer for a spin up the street and back, it was

When I took the controls, James

patiently sat on the front portion of the Bobcat - facing me, lest I destroy, crash or otherwise lay waste to that fancy Bobcat skid steer excavator with a grapple bucket (clearly a possibility) and we "took off," skittering about at a blistering 3-4 mph. I manipulated - smooth as a baby's bottom - that grapple bucket to pluck up a relatively substantial log and deftly place it in the dump truck. We proceeded around in a circle, and James semi-

whispered, "This is a lot more fun than bein' a designer, don'tchathink?"

Upon completion of the work, James recommended we contact Ricky **Dunwoody** to remove a couple of stumps. When Ricky arrived to survey the stumps, I thought Johnny Appleseed had been transported from early 1800s Indiana and Ohio to our front yard. Though he wasn't wearing a two-quart cooking pot on his head, as Mr. Appleseed is purported to have favored, Ricky sports an all-universe white beard which flowed to the middle of his torso. He does not work alone; his pretty bride, Darlene, is his hands-on assistant (though I'm inclined to believe, based on my own experience, that she is, more realistically, Ricky's benevolent boss).

seen Ricky around town occasionally and recognized his distinctive Continued on page 33.



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Logan Drew Goes Beyond PT

My mother had back surgery four years ago, and, although the surgery was a success, she had a time of it. An unexpected knee surgery immediately followed, as did several terrible falls. Her hospital and rehab stay was long, much longer than expected. A widow, she needed a place to recover, and Thrive was the perfect option.

She'd been having physical therapy for a few weeks before she got to Thrive, and, like is common after surgery and trauma, this PT is not pleasant. My siblings and I were really concerned about her healing, and knew the physical therapy was vital. How would she like a brand new physical therapist in a brand new place when her pain level was still almost unbearable?

Logan Drew popped in immediately after she moved into her room.

"I still remember your mom sitting up on the edge of her bed the first time I met her," Logan said. She could literally not move without assistance then. We all warned Logan about her pain and fragility, and he listened to us. Then he listened to my mother. Then he coaxed a smile out her. All within minutes of introducing himself to her.

As her therapy went on, she gushed about Logan, teasing him about being her "tormenter." He played right along, joking every step of the way. Until before we knew it, she was *out* of the bed for the first time in well over a month, gushing about "cute Logan," her personal tormentor who was summoning her for PT. And she couldn't wait to go!

Truly, he brought her back to us. Not only physically with his routine of steady strengthening her, but by being a delightful sidekick, a partner in crime, as they yukked it up in the PT room amidst encouragement and praise and raising the bar so incrementally and steadily it seemed like nothing at all to her.

Clearly, my family is devoted to Logan Drew. And not just because of his



Logan and Haili Drew with sons George and Walker

rapport with my mother. Told I needed a knee replacement, I first tried physical therapy for my knee and went to Logan. And he strengthened my knees in short order. I no longer have pain in my knees -but I do keep doing my "homework" that Logan prescribed.

Logan had a firsthand experience with physical therapy at a young age.

"Growing up I had ankle injuries from playing basketball and went to physical therapy to rehab my ankles. I really enjoyed my time in that atmosphere, the physical therapists and seeing the empowerment of other patients reaching their goals," Logan said.

Clearly impressed by the entire experience, Logan knew at an early age

that he wanted to be a physical therapist, as well as an accountability partner and offer support to folks as he helped them regain their optimal function. He has worked as a physical therapist for close to 10 years, and yes, there have been surprises along the way, notably the long-lasting relationships that go beyond the physical therapy treatment.

I can vouch for that. Every time my mother and I would run into Logan in the hall or the dining room, she would ask about **Haili**, Logan's adorable wife, and **Walker**, Logan's now 3-year-old son. My mother feels as connected to Walker as she does her own grandchildren, demanding to see his ultrasounds, newborn pictures and now his "big boy" photos. She is very possessive of **George**, Logan's 3-monthold son, always asking for regular updates.

When Logan announced he was opening an outpatient clinic in the town center of Lookout Mountain, Tenn., my whole family was worried about him continuing our mother's physical therapy because she is starting a new regime of PT in efforts to avoid a second back surgery.

Thankfully, we were reassured that Logan is offering mobile PT services to Lookout residents and is willing to travel to my mother and others across the mountain as needed. My mom knows that means Logan will be cracking the whip, and she also knows her longtime "tormentor" will go above and beyond to help her achieve her goal.

bγ Ferris Robinson

Landscaping cont.

Continued from page 32.

beard but was not aware of his work. Their labor is methodical and carefully-executed, and once the removal of the stumps is complete, the cleanup of the site is exceptional, as though the stumps had never been there. Their work, not unlike James Craig, is top notch ... and

when I see Ricky again, I'll probably be inclined whistle the tune to the Johnny Appleseed blessing:

"Oh, the Lord is good to me, and so I thank the Lord for giving me the things I need: the sun and the rain and the apple seed; the Lord is good to me."

by Forde Kay







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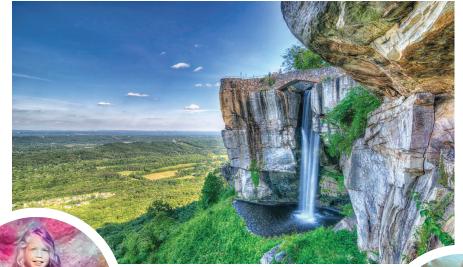
Have You Been To Rock City... Lately?

Most every person in America has either been to Rock City, wanted to go or at least seen signs for the iconic tourist attraction at some point in their lives. But I pose the question similar to driving a Ford: Have you been to Rock City ... lately?

I remember the Fairyland Caverns as a child, when I was terrified of the swing-a-long bridge. I went again several times when my boys were at Fairyland School. I was busy chaperoning my dare devil sons and their friends over the bridge that, of course, was being whipped about as they all

being whipped about as they all jumped and threw their weight this way and that in order to make crossing the bridge even more terrifying.

I went through again a decade or so ago when outof-town cousins came for a visit and wanted to See Rock
City. And more recently,
I went through with my
4-year-old granddaughter and a week or so later, with



my 87-year-old

Both

mother.

times I was awed.
And although the two of them are at opposite ends of aging, Rock City was perfect for both.

The trip with the younger **Mary Jane**, age 4, began with a stop at the gift shop right next to Starbucks. The Cornerstone Gift Shop's garage-door was wide open, and we wandered in to get our resident passes for the first time. All you need is your driver's license for Lookout Mountain, Tenn., or Lookout Mountain, Ga., and money for one ticket, which is under

\$30 for an adult. In just a few minutes, the cute gal behind the register handed me my own Rock City Resident Pass, which is good for three years. After that, you simply go back to the gift shop at Rock City, show them your driver's license, and keep your ticket money

in your wallet. She will renew the pass for another three years - as long as you are still a Lookout Mountain resident. Actually, my money did *not* stay in my wallet, even after I paid for my initial ticket. Mary Jane spotted an irresistible Rock City key chain that she absolutely had to have. Pleading with me with her

big blue eyes, I folded and sprang for the \$5 trinket, pleased that was all it cost me.

My granddaughter, husband and I headed through the big red doors and wandered around the beautifully landscaped trail before finding the Critter Classroom, where we were delighted to find *Mountain Mirror* contributor **Tish Gailmard** explaining very cool facts about opossums, snakes, owls and more critters. She walked up and down the rows with each animal so that folks could truly be up close and personal with each creature she brought

from Reflection Riding. Mary
Jane thinks Tish is right up
there with Taylor Swift, so
she was beyond thrilled
when Tish hollered,
"Hey there, MJ!" when
we walked in. (We are
regulars at Reflection

Riding and Tish has

educated her girl MJ on all things snakes.)

My husband and granddaughter headed for the swing-a-long bridge while I

watched them from the beautiful and less nerve-wracking stone bridge. There was a group of boys at one end and yes, they were bouncing and trying to shake and rattle and roll the bridge, and yes, I was freaking out even though my granddaughter walked confidently

Continued on page 35.

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Douglas Presents 'After Effects'

Playwright **Peggy Douglas**, recent recipient of the Stetson Kennedy Award from the Oral History Association, will present her new play, "After Effects: Gun Violence Survivors Speak," at Barking Lets Theatre on Saturday, September 28, at 7:30 p.m. and on Sunday, September 29, at 2:30.

This important and timely production is a dramatic monologue based on interviews with victims, families, friends and bystanders, as well as persons in law enforcement and the

Peggy Douglas



medical community. All of them have been affected by gun violence. Firearms are the leading cause of death in the U.S. for children ages 1-19.

Peggy is an oral historian, college professor musician, poet and playwright. Most of her work is borne from oral history interviews with people from marginalized communities.



Rock City cont.

Continued from page 34.

across the bridge in the sky way to far in front of my husband.

We covered every inch of Rock City, spotting gnomes and historic Fairytale characters and breathtaking views and incredible, crazy tight passages through boulders!

After a round of neon slushies and a Hutton and Smith IPA, we headed back down the trail to the exit. Mary Jane, a Rock City pro who came to the Enchanted Garden of Lights at Christmas, announced the only way out was through the other gift shop, which was bigger, more packed and glitzier than the previous gift shop. I reminded her that we'd already purchased her one gift, and she was much too polite to say, "Seriously? You think you're getting out for five bucks?" But that's exactly what my husband said as he headed for his truck, never so happy to have his own vehicle.

MJ and I considered every single item



Jack Denton's "Villa Aviana" (house of birds) is irresistable to all ages.

available, from ceramic mugs to massive pink stuffies to art kits to gemstones to bird houses to everything in between. Literally. A good 45 minutes later, she had successfully shaken me down for what I think is a pink salamander she named "Rainbow."

And just so you know, the only way out of Rock City is not through that gift shop. Rookie mistake on my part.

by Ferris Robinson



Mary Jane and her grandfather Dan Robinson wave while enjoying Rock City.



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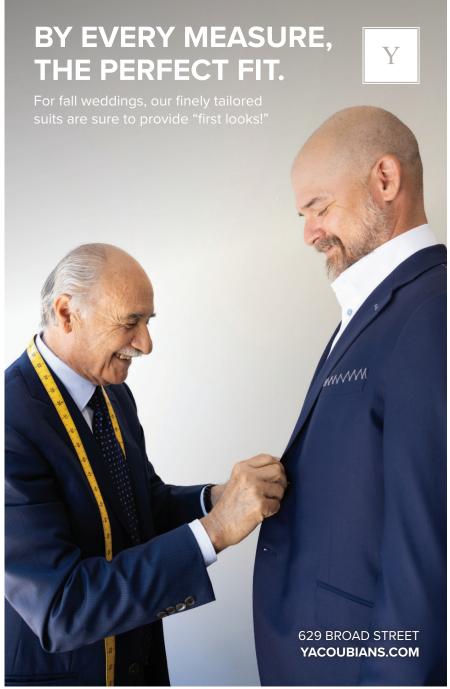


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Graham-Magrann Wedding

Lucy Graham and Will Magrann were married outdoors on July 20, 2024, at 5:30 p.m. at the Philander Chase Knox Estate in Malvern, Penn., in the historical Valley Forge National Historical Park. David Firth Bard officiated the ceremony. Parents of the bride are Lizzer and Scott Graham and parents of the groom are Amy and Mike Magrann.

The bride wore an eco-friendly, handmade bamboo jersey gown with a keyhole back. The bodice of her dress was trimmed with elegant lace and accented with blue trim. For the ceremony she carried an ankh, an Egyptian symbol of life, as well as a single white rose. She wore a decorative comb in her hair that was borrowed from a friend and simple pearl earrings that were a gift from her godfather, **Bill Kessler**.

After guests enjoyed cocktails on the grounds, they were seated for a delicious dinner under a tent. The four-tiered wedding cake was accented with delicate flowers in shades of blue. A DJ provided fun music that kept guests dancing throughout the evening.

The evening before the wedding, a rehearsal dinner/welcome party was held at the Fox Barn at Twenty9, where guests enjoyed a delicious dinner and toasts to the happy couple. The celebration continued at the Desmond Hotel, where



Mr. and Mrs. Magrann

most guests were staying. Sunday morning after the wedding, guests and the wedding party enjoyed a brunch on the deck of the Desmond Hotel, allowing for farewells and best wishes to the couple.

After the couple honeymooned in Ireland, they returned home to Phoenixville, Penn., outside of Philadelphia. Lucy is a high school humanities teacher and Will is a pricing administrator at AmeriGas Propane.

by Gwin Tugman



OTimes Free Press

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Morrow-Allen Wedding

The Lookout Mountain

Hannah Joiner Morrow, daughter of Mr. and Mrs. Hugh Morrow Jr. of Lookout Mountain, Tenn., married Michael Robert Allen on Saturday, June 22, 2024, at the Lookout Mountain Club with The Rev. Frank Hitchings officiating. The bride is the granddaughter of the late Mr. and Mrs. Gilbert Stone and the late Mr. and Mrs. Hugh Morrow Sr. Her sisters are Carly Morrow Moss and Meredith Morrow Brooks. Mike is the son of Mr. and Mrs. Michael Allen. His maternal grandparents, Mr. and Mrs. Simon Bula from South Carolina were in attendance, as well. His paternal grandparents are Mary Allen and the late Robert Allen. Mike has one sister, Samantha Allen, and a brother, Jacob. The beautiful ceremony was held under a lovely verdant canopy of trees on the club's grounds in Fairyland. Gorgeous flowers by Lee Easterly and **Sharel Hooper** lined the aisle and the altar, which was flanked by impressive mountain boulders behind the bride and groom.

Bridesmaids were Mary Sabourin Kristen Warren precious childhood friends of the bride. Hannah's beautiful older sisters, Carly Moss and Meredith Brooks, served as matrons of honor. The ladies all wore gorgeous sage green dresses from Birdy Grey and carried bouquets of ivory and creamy peach garden roses, hydrangeas in blue and white, blue delphinium, and mixed greenery.

Groomsmen were Sam Anderson, Stefano Escoto and Luke King. Jacob Allen, brother of the groom, served as best man.

The bride's nephew, Jay Brooks III, was the ring bearer. Jay wore a handsome blue blazer, a light blue bow tie, and khaki pants with brown leather loafers. His boutonnière featured two white roses and a blue delphinium.

Hannah's precious nieces, Liza Brooks, Lolly Brooks, Isobel Moss, and Madelyn Moss, were her flower girls. The little girls wore gorgeous white heirloom dresses with round collars trimmed in ecru lace and halo headpieces with petite creamy peach, ivory, and soft pink spray roses amidst greenery. They carried ecru baskets with bows that were filled with rose petals that they dropped as they walked down the aisle.

Musicians were Jay Brooks Jr., brother-in-law of the bride, on the guitar, Daniel Foster on the mandolin, and **Sam Miller** on the violin.

As the bride walked down the aisle Mike, the groom, was overcome with and fun tunes. From "Shout" to the



Detachment Commander and Mrs. Mike Allen

emotion, creating a domino effect of few dry eyes in the congregation.

Hannah wore a beautiful sleeveless dress with a square neckline and classic A-line silhouette that she purchased from The White Flower in San Diego, Calif. Her bouquet was filled with ivory and creamy peach roses and peach tulips and mixed greenery.

As guests recessed from the wedding to the reception, they were greeted with wine and champagne to toast the special evening. The Lookout Mountain Club was absolutely beautiful with gorgeous florals including ivory cream and peach roses, peach tulips, hydrangeas, blue delphinium, larkspur, and soft pink spray roses by Lee Easterly and Sharel Hooper. Sheer white panels draped the room to give it a lighter, more welcoming appearance. Crab cakes and bruschetta were passed as guests entered the ballroom. The guest book resided on a table filled with photographs of brides and grooms from both sides of the family, which was a very special touch. The dinner included a beef tenderloin station with mashed potatoes, a salad bar, and a fantastic Greek station complete with gyro meat and taziki sauce along with grilled vegetables and rice. It was a feast!

Guests were quickly mesmerized by the sounds of the Malemen Band from Chattanooga! Soon everyone was on to the song "Can't Help Falling in Love," their feet dancing to the beat of familiar

"Electric Slide," all ages enjoyed dancing and singing together. The nieces and nephew of the bride and groom had a particularly fun time dancing and singing late into the evening! Later in the evening, soft tacos were served for guests to enjoy as they continued dancing well into the night. All good parties must end, and it was soon time for the bride and groom to depart. They left under a halo of sparklers and drove off in a vintage Land Cruiser to spend their first night together at the Dwell Hotel in Chattanooga before honeymooning at the Bungalows in Key Largo.

On Thursday evening, several friends of the bride's parents hosted a welcome party fiesta at Ruby Falls' new event space, Skyline Loft, which overlooks a beautiful view of the city of Chattanooga. In addition, the space holds special significance to the bride, as Hannah worked in that room at the cash register when she was younger, and her father, Hugh, is the president

and CEO of Ruby Falls. The party's theme was carried throughout with colorful flowers, lemons, and limes and brightly colored runners on each of the round tables. Clare Kent, Stacey

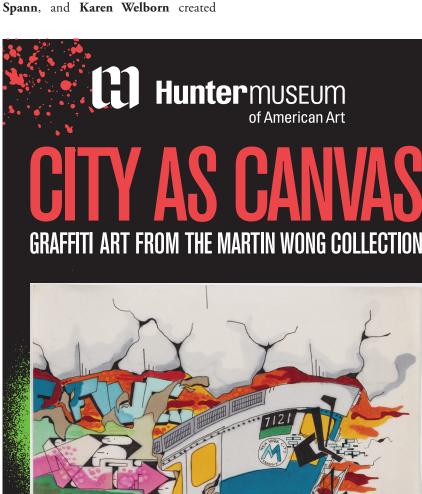
the festive fiesta florals. Lee Cureton catered the event with a Mexican buffet, and guests enjoyed margaritas, beer, and wine for this momentous occasion. Hosts and hostesses included Kingsley and David Bennett, Lulu and Mark Brock, Lynn and Kevin Bryant, Linda and Tad Dacus, Mary Vassar and Frank Hitchings, Ashley and William Kent, Clare and Jonathan Kent, Catherine and Kevin Leckenby, Ann Henley and Doug Perry, Nancy and Ward Petty, Kat and Jim Sabourin, Stacey and John Spann, and Karen and Miller Welborn.

Cathy Heald and Debbie Young hosted the bridesmaids' luncheon at the Lookout Mountain Club overlooking the golf course. Cathy and Debbie decorated with pink balloons and special glassware and napkins from Cathy. Guests enjoyed the delicious food and gorgeous views.

The groom's parents, Donna and Michael, hosted the rehearsal dinner at Stir in the Cabooze Room, where guests feasted on chicken piccata and steak. After a fun round of toasts, everyone joined the welcome party at the Westin Rooftop Bar Paloma de Tapas where they celebrated with out-of-town guests.

Hannah and Mike live in Sneads Ferry, N.C., where Mike is a detachment commander at Camp LeJeune. Hannah will continue to work for a human resources company based in San Diego.

by Ann Henley Perry



Sane Smith, Untitled, c. 1989. Ink on paper. Museum of the City of New York, Gift of Martin Wong, 94.114.188.

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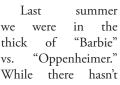
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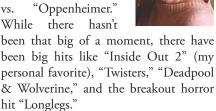
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REEL

Reel Talk
by Merrile Stroud





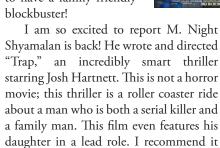
I chose not to see "Deadpool & Wolverine" because I walked out of "Deadpool" due to the language, which is not typically my "line in the sand." I had no desire to see this one, even though I love Ryan Reynolds and Hugh Jackman.

As I said above, I loved "Inside Out 2." My husband, **John Stroud**, and I actually saw it together. Another movie we saw together and loved was an inspirational true story, "The Sound of Hope - The Story of Possum Trot." This is the true story of Donna and Rev. WC Martin in East Texas who adopted 77 children from the local foster system, starting a movement for vulnerable children everywhere.

"Twisters" is your perfect summer

It's Summer But It's No Barbenheimer

blockbuster. There is one four letter word and no sexual content. Glen Powell, the breakout star of "Maverick: Top Gun," is perfect in the leading man role, supported well by Daisy Edgar-Jones. How refreshing to have a family friendly blockbuster!



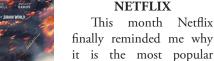
highly! Before I get to streaming recommendations and the Emmy nominations, I'd love you to invite you all to the very first movie club that Henri Lowe and I will be hosting September 19 at Canopy. We will discuss one of my favorite movies of all time, "Lars and the Real Girl," starring Ryan Gosling. This movie is about what true love in a community looks like. Please know the movie will not take a dark, sexual turn. We will provide popcorn and movie snacks, with drinks available from Canopy, at 5:30 pm. Discussion and clips begin at 6 p.m. Each month we will discuss different movie. I so hope you will join us! I think it will be a fun way to engage and meet fellow movie lovers.





Emmy nominations surprising in the fact that "Shogun" on Hulu garnered 25 nominations for outstanding drama series and "The Bear" (also on Hulu) earned 23 nominations, the most ever earned for a comedy series. My son-in-law loved "Shogun," and I have just started it. "The Bear" has found a special place in my heart and is probably in my top five shows ever. The language is incredibly R rated, but the exploration of family secrets that can destroy us and the family we chose outweighs the language in my opinion. The episode that won all the nominations is season two's "Fishes." This episode took me back to dinners in my own home, and season three's "Ice Chips" undid me, as it truly felt autobiographical. I love this show. I will say I've had several friends who found the language too much, so that's worth noting. I would not call "The Bear" a comedy, but if it is getting recognition like this, I'm fine with that.

So, now to streaming recommendations!



streaming service.

"The Cloverhitch Killer" I let my husband choose this movie, and neither of us liked this serial killer movie starring Dylan McDermott as a

family man and Scout leader leading an awfully upsetting double life.

"The Stranger" This series is based on Harlan Coban's novel of the same name, and it is gripping! It's about secrets and lies of suburban families becoming public when a stranger appears in their town.

"America's Sweethearts: Dallas Cowboys Cheerleaders" So many friends recommended this, and I would silently roll my eyes. Someone finally reminded me how much I loved the Netflix series "Cheer," so I watched. I am so glad I did! I thoroughly enjoyed this exploration of young ladies following dreams and the families that support them.

"Ripley" This is a slow burn so know you will most likely not be sold on it at the end of the first episode. Based on the 1999 film "The Talented Mr. Ripley" starring Matt Damon and Gwyneth Paltrow, this is a black and white, "film noir" type exploration of a pathological liar who goes to great lengths to take on the life of people he covets. This series, shot entirely in Italy, also received several

Continued on page 39.



2024 Bronco

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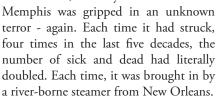


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Fear and Sacrifice in Memphis

Church In The World by Robert Thompson

Summer, 1878: Like a horror movie in slow motion, the city of



This time, they got the word in late July: deaths in Vicksburg, just south of Memphis. Officials set up quarantine facilities on President's Island (in the Mississippi River) and in the Germantown section of Memphis. They set up refugee camps and retrofitted schools to function as hospitals. Passenger ships were forbidden to enter. Supplies of food and fuel dwindled. By mid-August, the first death occurred.

Many folks knew what to expect: After a fairly mild first phase of flu-like symptoms, a second phase attacks internal organs, producing the internal bleeding leading to death in five to 10 days. Many became delirious as death

approached. And they had a name for it: Yellow Fever, so called for the jaundice symptom that signaled imminent death.

They knew that other cities had suffered from this devastation. It had begun up north more than a century before, in Boston, New York, Baltimore, and Philadelphia, then moved south through Norfolk, then through New Orleans into the southeast Texas coast. Most likely they did not know that previous outbreaks had claimed 100,000

lives, but they knew enough; as one witness wrote, "a panic convulsed the whole city."

Thousands fled. Whoever could leave, did so – over 25,000, more than half of the Memphis population. Whoever had the means and the ability to leave took advantage of their opportunity. The trains and roads were crammed with evacuees, fleeing with what little they could grab on short notice.

Those who stayed had no choice. They were too poor to follow the others. Three weeks into the devastation, the Memphis paper editorialized: "The King of Terrors continues to snatch victims with fearful rapidity." The police force dwindled from 41 to seven.

Fifteen thousand of the 17,000 persons left became infected; one third of them died. Not knowing what caused it, they did not know how to prevent it.

Everyone assumed it was carried by

clothing and by "bad air" (wrong), so sick persons were confined to their homes with closed doors and windows. Parents died, leaving sick children alone and locked up, often to die

themselves. Clothing and bedding were then burned.

Each day, roughly 200 more souls succumbed to the mystery. "Bring out your dead!" was the command heard as the horse-drawn wagon moved along the streets to collect corpses for hasty burials, which were often piled together in one grave. In the wake of the widespread devastation, the state legislature the following year revoked Memphis' city charter, which took 14 years to restore.

In spite of this onslaught of terror, not all who could leave did so. A few chose to stay - an act of madness? These people provided food and supplies and offered comfort to the sick, knowing that they were somehow exposing themselves to the unknown killer. Many of them died with the rest.

nuns,

numerous nurses.

had returned to their
headquarters in New York state, walter Reed
rushed back on an hour's notice
to help. They provided care and comfort
until the disease took them, also, as well
as two others recruited from the North.
Doctors, including the first AfricanAmerican physician in Memphis, made
many house calls on the sick until they
died. Thirty-one other physicians (out of
the 110 at work) also died, along with

Pastors circulated among the people, praying for the sick and dying, providing simple burial services when possible. At least 14 of them were later buried themselves. One of the city's madams converted her brothel into a hospital; she nursed the sick until she herself got sick and died. They had no way of knowing that two years later, **Carlos Findlay**, a physician from Cuba, would propose that mosquitoes spread the disease, but

his medical colleagues were politely skeptical. The world's ignorance continued for another two decades, until Army physician Walter Reed conducted controlled experiments (isolating volunteers) that proved Findlay's theory to be true.

Memphis was thus a perfect storm for recurrent outbreaks: long, hot summers near a wide river with swamps and open sewers - a trifecta for trouble wrought by

rt breeding mosquitoes.

Without the discovery of mosquitoes as the epidemic culprit, the digging of the Panama Canal - a shipping transportation marvel - might never have been completed 35 years later. Its marvel of technical ingenuity, perseverance, and plain hard work, however, does not at all overshadow the marvel of persons in every generation who risk their own health and lives to give aid to others. Such sacrifice is more than a lost art; it is a lost virtue.

For most of us, their willingness might remain a mystery. For those of us, though, who catch the whisper of, "Love your neighbor as yourself," such willingness also becomes an invitation. While not likely to be called to die, we can certainly give where there is need. That call is no mystery.



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Reel Talk cont.

Continued from page 38. nominations.

"Find Me Falling" It's summer; it's Harry Connick Jr.; it's Greece; and you need a romantic comedy. I found this so endearing. There is an element of suicide in the very beginning, so please be aware.

"The Neon Highway" Starring Beau Bridges as a singer on the cusp of fame until he is in a car wreck, a washed-up country music singer comes into his life. What ensues is a sweet, moving story. Please, Netflix, make more of these!

"The Dark Side of Comedy" This docuseries follows famous comedians who sadly died too soon. I found it fascinating, but obviously it's not a "feel good" series.

"Identity Thief" Starring Melissa McCarthy and Jason Bateman, this film would get such a high rating if only I could edit the language. As previously mentioned, this is not my line in the sand for movies, but the sweetest story is muddied by such heavy-handed language.

My big NO on Netflix is "Fair Play." Do not waste your time!

AMAZON PRIME VIDEO

"The Beekeeper" Although it is violent, I enjoyed this Jason Statham action movie. When his kind-hearted

landlady commits suicide after a phishing scam takes all her money, Statham sets out to take down the bad guys.

"Thelma" This gem of a movie was not in theaters long enough for me see it on the big screen, but I was so thrilled when one of my besties told me it was on Prime to rent! Led by 94-year-old June Squibb, this is the endearing *true* story of 93-year-old Thelma Post who set out to get her money back from a phone scammer pretending to be her grandson. I loved this movie!

"Civil War" I would not recommend this one as we are in an election season. It's about civil war breaking out in modern day America. I found it triggering.

APPLE TV

"Presumed Innocent" Based on the famous Scott Turow novel and the 1990 Harrison Ford film, this Jake Gyllenhaalled murder mystery makes for "can't stop watching" viewing. The ending is different from the novel and the movie. I did not love the ending, but I thoroughly enjoyed the ride.

Please join Henri and me on September 19 at 5:30 at Canopy for the inaugural movie club. We will definitely be passing the popcorn!

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